

UFO Study Resource Guide



Last updated March 2015

Note to the readers: This resource guide is intended for UFO outreach workers and participants to have a comprehensive list of community resources in the San Francisco area, and a brief overview of types of services offered. While this guide indicates whether these services are youth and/or IDU friendly, clients may have a different opinion about a particular organization than that which is listed in the guide. Ultimately, every individual has a unique experience with a given organization or an individual provider. This guide is intended to provide a basic overview of services offered and the typical client population. If a particular service is not included in the guide, or there is a suggestion for edits, please let a UFO coordinator or project director know. Suggestions can be incorporated into future editions of this guide. All hours listed in the guide are approximate and you should call beforehand to make sure of appointment and drop-in times.

****LOOK BY PAGE NUMBER AND RIP OUT TO GIVE TO PARTICIPANTS****

A note about Healthy San Francisco

Healthy San Francisco (HSF) was created in April 2007 as a way to provide a primary medical home to participants, allowing a greater focus on preventive care, as well as specialty care, urgent and emergency care, mental health care, substance abuse services, laboratory, inpatient hospitalization, radiology, and pharmaceuticals. While HSF is not an insurance plan, participants in the program can receive free- or low-cost care through enrollment. HSF does not provide vision or dental services. Co-payments are determined by income; all homeless people without other insurance do not have to pay a co-payment for most services and medications. If UFO participants desire health care and do not have health insurance, HSF is an excellent option for coverage, and in fact, is somewhat a requirement to receive care at most community-based clinics in San Francisco.

Some considerations:

1. Whatever clinic a person is at when s/he registers for HSF, that clinic will be their 'home clinic'
2. Once a 'home clinic' is established, the client must always use this clinic for their health care needs
3. It is possible to change home clinics. This must be done through the HSF office. Please call (415) 615-4555 to make changes to HSF enrollment
4. Enrollment lasts one year, and needs to be renewed on an annual basis. Renewal is done through the home clinic.

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3rd St. Youth Center and Clinic

www.3rdstyouth.org

1728 Bancroft Ave.

415-822-1707

Clinic Hours: Mon-Fri 1pm-5pm

Drop-In: Mon-Fri 1pm-4pm

Rapid HIV Testing: Tues, Wed, Fri: 1pm-5pm

Neighborhood: Bayview Hunter's Point

How to get there: Take the T to the Revere St. stop.

Services	Yes	No	Other
Youth friendly	X		Ages 12 to 24
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish, Chinese
Free?	X		
Drop-in services	X		

More: They are locally oriented, serving mostly youth from the community, however everyone is welcome. They have a wonderful drop-in space with computers, a kitchen, and a place to hang out in addition to all of the medical services listed above. They have a health education squad comprised of youth from the clinic, amazing groups for young women, mental health services, and nutrition groups. They also offer boxing classes for both girls and boys taught by one of the therapists! The space is comfortable and welcoming. The folks that work there are youth focused and obviously care about providing quality services that promote confidence, self-care, and holistic health among the youth they serve. The 3rd St. Youth Clinic is the kind of place that is constantly changing to meet the needs of its clients, so everything they offer may not be reflected in this write up. Visit their website or call before going to get the most updated information.

API – Asian Pacific Islander Wellness Center

www.apiwellness.org

730 Polk St., 4th Floor (Ellis and Eddy St.)
415-292-3400

The Wellness Clinic Hours: By appointment only Wed and Fri 1pm-6pm

TACE Health Clinic (for HIV+ individuals): Mon-Fri 9am-4pm closed for lunch 12pm-1pm and closed Wed after 1pm

Trans: thrive drop in: Tue-Sat 2pm-5pm

Trans: thrive youth drop in: Wed 4pm-7pm

Drop in HIV testing: Tue and Fri 1pm-5pm, Wed 2pm-7pm, Thu 1pm-7pm, Sat 2pm-5pm

Neighborhood: Polk Gulch

How to get there: All MUNI bus lines on Van Ness Avenue — 47 and 49 — will drop you off just one block from the office. Other MUNI lines serving the immediate area include: 19 Polk, 31 Balboa, 38 Geary. If you take BART or MUNI Metro, exit at the Civic Center Station. It's a ten-minute walk north towards Polk.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		Specific to HIV
Hep A/B vaccines	X		
HIV testing	X		
Dental		X	
Vision		X	
Trans services	X		Call 409-4101 for more info.
Queer friendly	X		
Language spoken			English, Mandarin, Spanish, Chamorro, Tagalog, Hindi
Free?	X		
Drop-in services	X		

More: They have a lot of services for a specific population (HIV+ Asians). Although they are not too youth or IDU specific, they are pretty comprehensive and they won't turn anyone away. They do offer a drop in for trans folks and a once a week youth trans drop in on Wednesdays from 4pm-7pm. They also offer needle exchange during drop in hours.

A Women's Place (formerly Oshun Center)

211 13th Street (Off 13th St. and Mission)
(415) 293-7360

Neighborhood: SOMA/Mission

How to get there: Bus line 14 to Mission, 16th St. BART stop, walk to 13 St.

Services	Yes	No	Other
Youth friendly	X		18 & over
Medical services		X	Can refer
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		

More: A Women's Place is a women-focused 24-hour, 7-day a week site providing a welcoming safe haven for women and their families where they can access services that nurture healing, and build strength. Families are welcome 6:30AM to 10:30AM, but if it's raining they will let families hang out until 3PM when the family shelter opens. Women are allowed to stay at A Women's Place over night if there is no shelter bed available. The intention is to eventually engage the women accessing drop-in services with early intervention services that include assessment, information, counseling and referral services for substance abuse, medical and mental health issues, vocational and housing needs. They also offer free laundry, shower and telephone calling. If you need to call long distance you need to make an appointment with a case manager.

At the Crossroads

www.atthecrossroads.org

333 Valencia St., Suite 320

415-487-0691 (*clients can use only if already connected*)

Neighborhood: Mission

How to get there: BART to 16th St. station, walk one block to Valencia. Bus lines 41 to 14th St., MUNI line M, J, L to Church, walk to Valencia.

Services	Yes	No	Other
Youth friendly	X (<i>under 30 only</i>)		
Medical services		X	Can refer
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, some Spanish
Free?	X		
Drop-in services		X	Can refer

More: At the Crossroads has outreach workers that walk the streets of the Mission and downtown areas providing supplies and information to people in need. They establish relationships on the street and then work with those clients in an ongoing fashion for however long is needed. They have counseling services at their office and can refer folks to get the services they need be it a GED, pet care, housing, medical care, etc. The only way to become a client is through their street outreach workers, they have no site except for their office, which is only available after a relationship has been established. Outreach M, Tu, Th. eves beginning mid. Market, then Mission between 16th & 20th, around 8:30pm. If you'd like to speak with someone who works there, call between 3pm-5pm, Monday-Thursday.

<p>Meet us on outreach for:</p> <ul style="list-style-type: none">• Food• Hygiene Stuff• Harm Reduction Items• Clothing Vouchers• Residency Letters• SOCKS ON MONDAYS!!! <p>We can help connect you with:</p> <ul style="list-style-type: none">• Housing• Jobs• Health Clinics• Shelters• Drug Rehab• Mental Health• Needle Exchange• Lawyers• Music, Writing & Art Groups• Pre and Post-natal services• Benefits• School• Drop-ins (and other stuff!)	<p>1 to 1 Meetings</p> <p>If we meet you on outreach, we can set up a meeting with you during the day where we can buy you a bite to eat, listen to talk about whatever's going on in your life, connect you with other programs, and help you out with anything we can.</p> <p>On a 1 to 1 we can also:</p> <ul style="list-style-type: none">• buy you shoes (every 6 mths)• get you a messenger bag• bring you a food box• bring you clothing <p>We can visit you in jail if you notify us.</p>	<p>Mail</p> <p>You can use ATC's P.O. Box as a mailing address:</p> <p>C/O At The Crossroads 350 Bay Street, Suite 100-304 San Francisco, CA 94133</p> <p>If you are getting mail sent, make sure to give us your full name so we know who the mail is for. (We can bring mail out to you or you can call and make an appointment to pick it up.)</p>
<p>Contact ATC: 1-877-891-8187 415-487-0691 getinvolved@atthecrossroads.org</p>		

Bayview Hunters Point Mobilization for Adolescent Growth in Our Communities (BMAGIC)

bayviewmagic.org

555 7th Street Suite 200

415-558-2488

Check out Bayviewmagic on Facebook

community@bayviewmagic.org

Neighborhood: Bayview Hunters Point

How to get there: Take the 27 and get off on 7th and Harrison and walk up towards Brannan

Services	Yes	No	Other
Youth friendly	X		Up to 24 years old
Medical services		X	Can refer
Hep A/B vaccines		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services		X	

More: Bayview Hunters Point Mobilization for Adolescent Growth in our Communities (BMAGIC) is a collaborative San Francisco neighborhood-based nonprofit organization whose mission is to facilitate, coordinate and network community resources and opportunities that support service providers and community members in Bayview Hunters Point (BVHP). They don't offer drop in services, but if you check out their website and click on the link to Community Calendar it links to events happening in San Francisco. Also, they offer internships and other employment opportunities for young people in the community. They have an awesome youth resource guide that's online for convenience. They can also print a copy for you by request and for free!

Dimensions

www.dimensionsclinic.org

3850 17th St. (Btwn Noe/Sanchez)

415-934-7789 is Dimensions, 934-7700 for main clinic to make appointments

Hours: Thursday 5pm-8pm Saturday 12pm-3pm

Neighborhood: Castro

How to get there: Castro MUNI station, walkable distance from the 16th Street & Mission BART station. Bus lines 22, 24, and 33.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English
Free?	X		
Drop-in services		X	

More: They have an extensive mental health program and provide all services with the needs of queer/trans youth in mind. Only open on Thursdays and Saturdays - when you call for an appointment, you'll talk to folks at the Castro/Mission Health Center, which is the clinic where Dimensions is located. The Dimensions number above is a voicemail, but you can leave a message for them to call you back and they will.

Glide

www.glide.org

330 Ellis St.
415-674-6140

Primary Care Clinic Appointment Hours: Mon-Thu 8:30am-5pm, Fri 8:30am-12:30pm
Drop in Clinic Hours: Mon and Wed 8:30am until full and 12:30pm until full, Tue 8:30am until full and Thu 12:30pm until full

Neighborhood: Tenderloin

How to get there: Take BART or MUNI, exit at Civic Center. It's a 5 minute walk to Taylor St.

Services	Yes	No	Other
Youth friendly	X		18 and over
Medical services	X		Specific to HIV only
Hep A/B vaccines	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		For established for clients only

More: They have a wide variety of services ranging from medical care to women's/men's groups, to family services. They provide meals and drop-in services and are very neighborhood based.

Health Right 360 (Formerly Haight Ashbury Free Clinic)

www.healthright360.org

558 Clayton St. (At Haight) 415-746-1940

1735 Mission St. (At 13th.) 415-746-1950

By appointment only: Mon-Fri 8:45am-12pm and 1pm-5pm

Neighborhood: Haight and SOMA/Mission

How to get there: Bus lines 7, 71 to Clayton St. stop for the Haight site.

Mission St. - Take the 14, 14L to 13th St. stop.

Services	Yes	No	Other
Youth friendly	X		18+
Medical services	X		Primary Care
Hep A/B vax	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish (ALL)
Free?	X		For those who qualify
Drop-in services		X	Can refer

More: They also have drug treatment services, acupuncture, mental health services, some bupe, and basic primary care. Dental assessments are performed Tuesday and Thursday at the Mission location from 9:30AM to 11am by appointment. Services are free for those with MediCal, MediCare, Healthy SF or CoveredCA. They can also sign you up for Medical Coverage. You can drop in for emergency care, but for all other appointments you need to call ahead or schedule an appointment in advance.

HIV and Integrated Services (Forensic AIDS Project)

www.sfdph.org

798 Brannan St. (Upstairs on top of Mars Bar, entrance on Brannan St. side.)
415-581-3100

Neighborhood: SOMA

How to get there: Bus lines 19 or 47 to 7th St. and/or Brannan St.

Services	Yes	No	Other
Youth friendly	X		Anyone 18 years and older
Medical services	X		Only while incarcerated in SF county
Hep A/B vax	X		Only while incarcerated in SF county
HIV testing	X		Only while incarcerated in SF county
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services		X	

More: HIVIS services are offered to anyone 18 or older incarcerated in the SF jails. Formerly incarcerated HIV+ adults are seen for 90 days post release for follow-up at the office located at 798 Brannan St. If you are locked up in any of the SF county jails and are HIV+ or receive an HIV+ test result while in jail, you are eligible to receive HIV related medical care from HIVIS's Center of Excellence while inside. You can also receive case management services for up to 90 days after release from jail. An HIVIS case manager will meet with you while you are still locked up to begin your post release plans and will discuss with you what services you can connect with in the community. **It is important to remember** that clients can only access services from HIVIS if they fit the criteria described above. Their office is not a drop-in, nor a place to receive medical care, prescriptions, or supplies. HIVIS rules. Also, if you were tested for HIV while in jail and didn't get your results call David at (415) 581-3151 and he can help you get your results.

Homeless Youth Alliance (HYA)

www.homelessyouthalliance.org

415-565-1942

Neighborhood: Upper Haight**How to get there:** Bus lines 7, 71. Get off at Cole St. or MUNI line N.

Services	Yes	No	Other
Youth friendly	X		<35
Medical services	X		Only at San Francisco Needle Exchange (same location, M, W, F 5pm-7pm)
Hep A/B vaccine		X	Can refer
HIV testing		X	
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	
Queer friendly	X		
Language spoken			English
Free?	X		
Drop-in services	X		

More: The UFO Study is allies with the HYA and shares much of its philosophy and vision. We collaborate with them and much of our staff also works at their needle exchange. Although it is queer friendly for sure, it is not queer focused. Its focus is on serving homeless kids in the neighborhood, as well as travelers, with a very harm reduction focus. They have groups, a therapist, and lots of supplies if you are on the street. San Francisco Needle Exchange (SFNE) operates out of the same location, in the evenings Mondays, Wednesdays and Fridays from 5pm-7pm. HYA rules.

Unfortunately HYA lost their drop-in space at the beginning of 2014, but they continue to provide many services to youth in the Haight. You can find them on the street, or give them a call to access these services. SFNE can still be found at the corner of Haight and Cole during the regular hours.

Hospitality House

www.hospitalityhouse.org

Community Building Program: 290 Turk St. 415-749-2122

Hours: Mon 2pm-5pm, Tue-Fri 9am-5pm,

Shelter: 146 Leavenworth St. 415-749-2103

Tenderloin Self Help Center drop in: 146 Leavenworth St. 415 749-2143

Hours: Mon 7am-10am, and 1pm-7pm , Tue-Fri 7am -7pm

Sixth Street self-help center: 169 Sixth St. 415-369-3040

Hours: Mon 9:15am-10:30am and 2pm-5pm, Tue-Fri 9:15am-5pm

Community Arts Program: 496 Natoma St. 415 553-4525 ext. 301

Hours: Mon, Wed, Fri 1pm-6pm and Tue, Thu 10am-3pm

Neighborhood: Tenderloin

How to get there: All MUNI stops at Civic Center, BART Civic Center, walk to Turk St., 6th St., or Leavenworth St.

Services	Yes	No	Other
Youth friendly	X		
Medical services		X	Can refer
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		

More: They have drop-in self help center, an employment program, a community arts program, and a shelter for homeless men. Combined, their programs use a holistic approach to enhancing the economic, mental, physical, and social health of the homeless community. This is done through a wide spectrum of services that include housing and benefits advocacy, harm reduction-based substance use counseling, emergency shelter, money management support, creative expression, and job creation. It's comprehensive and very local-community based. Also, at the Tenderloin Self Help Center they have free access to phones to make long distance calls.

Huckleberry Youth Multi Service Center - Cole St. Clinic

www.huckleberryyouth.org

555 Cole St.

415-386-9398

Cole Street Youth Clinic 415-751-8181 by appointment Mon, Wed, Fri 9:30am-5pm

Drop-in clinics hours: Tue 2pm-5pm and Thu 2pm-6pm

Neighborhood: Haight

How to get there: MUNI line N and bus lines 7, 71 to Cole St. stop.

Services	Yes	No	Other
Youth friendly	X		12 to 24 years old
Medical services	X		
Hep A/B vaccines	X		
HIV testing	X		
Dental			Can refer
Vision			Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish, Chinese
Free?	X		They can help you sign up for insurance
Drop-in Clinic	X		See above for hours

More: They are a comprehensive, youth friendly clinic that is super comfortable and focused on providing non-judgmental services to a variety of San Francisco youth. In addition to the services above, they have confidential services, i.e. birth control, STI testing, pregnancy testing, as well as mental health services and health education for parents, youth, and high school students. They also have a youth development program, The Huckleberry Wellness Academy to introduce high school students to the health care industry. In their waiting room there's a TV and seating, and there's always healthy snacks, tea, and fruit available on the waiting room. They have a Huckleberry House for runaways and other youth in crisis aged 11-17 and family counseling services. They serve a lot of youth in the Haight and are very familiar with the UFO population.

Isis Clinic at SFGH

http://www.sfghambulatoryservices.com/?page_id=1238

1001 Potrero, Main Building 5, 4th Floor, 4C

Appointments or drop in call (415) 206-3719

Clinic Hours: Monday, Tues, Thurs, Fri 8am-12pm and 1pm-4:30pm, Saturdays 9am-11am

Closed on Wednesdays, holidays, and Sundays

Neighborhood: Outer Mission, Potrero Hill

How to get there: Take BART to 24th St., walk east to Potrero. Take bus 9 to Potrero and 24th.

Services	Yes	No	Other
Youth friendly		X	18 and older
Medical services	X		Specific to abscesses and soft-tissue infections. Can refer for other medical issues.
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken	X		English, Spanish
Free?	X		Sliding scale, accepts Medi-Cal
Drop-in services	X		

More: The Integrated Soft-tissue Infection Services clinic is housed in San Francisco General Hospital (SFGH). They take appointments and drop-ins. If you drop in, GET THERE EARLY!! They specialize in helping people with abscesses. Once taken care of, they will send you to the wound care clinic, also in SFGH, where those docs will help you deal with the wound left from the abscess. The ISIS clinic will take care of the registration paperwork for the wound clinic, which is really great. The ISIS clinic is familiar with treating injection drug users, so if you have an abscess and you're not dealing with it because you're scared what the doctor will think, never fear! Get it checked out!

LGBT Center

www.sfccenter.org

1800 Market St.

415-865-5555

Hours: Mon-Thu 12pm-10pm, Fri 12pm-6pm, Sat 9am-6pm, Sun closed

Neighborhood: Castro

How to get there: The MUNI lines J,K,L,M,N, the F streetcar, or MUNI lines 6,7,9, 10, 14, 21, 26, 47, 49, 66 and 71 all run within 5 blocks of the Center, many run within 1 block. Also, take BART to Civic Center, then transfer to MUNI lines above or the F.

Services	Yes	No	Other
Youth friendly	X		Has youth specific services
Medical services		X	They refer you to St. James Infirmary
Hep A/B vax		X	Can refer
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		

More: This place is truly a community center that serves mainly the queer community. It offers a wide range of services like economic development, help with employment, community policy initiatives, services for youth and children, and building facilities. It even has rooms for rent! Obviously, this place is for queer folks but no one will be turned away for lack of gayness, you just have to be down with the gays. This is not the place to get services that homeless kids are typically looking for, however queer youth can potentially benefit. The Center has what it has and serves an important purpose in the SF community. They also offer a youth (ages 16-24) HIV testing site on Tuesdays from 5pm-7pm

Larkin Street Youth Services

www.larkinstreetyouth.org

415-673-0911 or 1-800-669-6196

Neighborhood: Many!

See info below for extensive services offered:

Lark-Inn for Youth Emergency Shelter

Ages 24 and under

869 Ellis St. (Btwn Van Ness and Polk St.)

415.749.2968 or 800-447-8223

-Free bag lunch available daily 8am-6:45pm

-Must be at shelter at 7pm for an emergency bed.

-Permanent beds (120 nights) available via wait list. Call # to sign in daily
Case management, groups, meals, showers, laundry.

Diamond Youth Shelter

Ages 17 and under

536 Central (Btwn Hayes and Grove)

800.887.1020 or 415.567.1020

Emergency Overnight Shelter- Come at any hour in the night!

Hours: open 24 hours

Meals, laundry, showers, groups, case management

Drop-In Center

Ages 24 and under

134 Golden Gate Ave.

415.673.0911 x5 or 800.669.6196

Hours: Mon, Tues, Wed, Thu, Fri Hours: 9am – 1pm

Meals, showers, clothing, laundry, case management, groups

Haight Street Referral Center

Ages 24 and under

1317 Haight Street (Btwn Central and Masonic)

415.522.1377

Hours: Tue-Sat 11am-2pm

Call 415.522.1377 for specific hours each week

Referral services, groups, snacks, HIV testing, clothes, case management

Medical Clinic

Ages 24 and under

134 Golden Gate Ave.

415-673-0911 x259 or 800-669-6196

Hours: Mon, Wed, Thur 9:30am- 5pm Tue 11am-5pm

HIV Testing: Mon, Tue, Wed, Fri 2pm-4pm

Call to make an appt or drop in.

Comprehensive Primary Care

Larkin St. Academy

Ages 24 and under

134 Golden Gate Ave.

415-673-0911 x217

Hours: Mon - Fri 8:30am-4pm

Open computer hours 8:30am-4pm

Job Readiness and computer classes, job placement and retention, internships, GED tutoring and classes, post-secondary school enrollment and support

Services	Yes	No	Other
Youth friendly	X		12 to 24
Medical services	X		
Hep A/B vax		X	Can refer
HIV testing	X		
Dental		X	Can refer
Vision	X		
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		

More: As noted above, they have A LOT of services for youth all over the city. They also have several housing programs. Call first to make sure you are going to the right place for the services you want! We know lots of kids who have done really well there, depending on what they're looking for. One of the UFO workers named Alya used to work there, so if you have any questions about Larkin St., talk to her!

Lavender Youth Resource (LYRIC)www.lyric.org

127 Collingwood St.

415-703-6150

Hours: Mon-Fri 10am-1pm, 2pm-6pm**Neighborhood:** Castro**How to get there:** MUNI lines M, N, K, L to Castro St. walk down Castro towards 18th St., make a right and then a left onto Collingwood

Services	Yes	No	Other
Youth friendly	X		<24
Medical services		X	Can refer. Works with Dimensions.
Hep A/B vax		X	Can refer
HIV testing			Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services		X	

More: LYRIC has been around for 20 years and is great for providing emotional support around GLBTQI youth issues. Also supports youth allies. They have a drop-in at the address listed above from 3-4pm Mon-Fri. They offer paid internships for youth - clients placed at non-profits in SF for 15-20 hours/week. They are super queer focused and have connections with other queer youth oriented services. It is best if you call first for an appointment.

Lyon-Martin Health Serviceswww.lyon-martin.org

1748 Market St. Suite 201
415-565-7667

Hours: Mon, Tue 11am-7:30pm closed from 2:45pm-3:45pm, Wed 11am-5:30pm, Thu and Fri 9am-5:30pm closed 12:45pm-1:45pm

Neighborhood: Near Castro

How to get there: Take MUNI lines on Market. Exit at Valencia St. BART stop 16th St. or Civic Center and walk up Market St.

Services	Yes	No	Other
Youth friendly	X		Services people 18 and over
Medical services	X		Women and transgender women
Hep A/B vax	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		Sliding scale, Medi-Cal, does not take HSF
Drop-in services		X	

More: For female-identified people only. Really awesome place. Great primary health care, HIV care, social work, and drug treatment programs. Case management and therapy also available. They take Medi-Cal (No Healthy San Francisco) or cash on a sliding scale, however no one will be turned away for lack of money. The vibe there is very similar to the Women's Community Clinic – welcoming, non-judgmental, and respectful.

Magnetwww.magnetsf.org

4122 18th St.

415-581-1600

Hours: Mon, Tue, Sat 10am-6pm, Wed, Thu, Fri 10am-8pm**Neighborhood:** Castro**How to get there:** Take MUNI underground or Market St. trolley to Castro St. station, walk to 18th St. and go right.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		Testing and treatment for syphilis, chlamydia, and gonorrhea.
Hep A/B vaccines	X		
HIV testing	X		
Dental		X	
Vision		X	
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		

More: Magnet is a place where gay men connect. In addition to the clinical services listed above, Magnet is also an art gallery, lounge and internet café. Folks can engage and participate or just hang out. They provide a unique approach to total health, promoting the physical, mental and social well-being of gay men. Services begin 30 minutes after opening, so be prepared to wait a bit. Please call first or visit the website to check appointment availability if you need services. Sometimes slots fill up, so contact them before you go to make sure you will be seen. Magnet is a great place for gay men to get services specific to their community.

MNRC - Mission Neighborhood Resource Center

www.mnhc.org

165 Capp St.

415-869-7977

Neighborhood: Mission (closed for lunch 12-2)

How to get there: BART to 16th St., walk to Capp. One block from the 14 Mission, 49 Ocean/City College, Bus lines 33 and 22 to 16th and Mission. Half block from the 22 Fillmore @16th and Capp. 4.5 blocks from MUNI J line.

Services	Yes	No	Other
Youth friendly	X		Services people 18 and over
Medical services (if want to establish prim.care)	X M-Th. 8:15-12, 2-5 Fr. 8:15-12		drop-ins @ first hour of ea clinic
Hep A/B vax	X		
HIV testing	X (Tues 2-4)		
Dental		X	Can refer (be there @ begin.hour of ea clinic)
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		

More: MNRC is part of Mission Neighborhood Health Care, which is a comprehensive health clinic for all kinds of people around the corner. Runs own primary care clinic for homeless folks. MNRC is more focused on drop-in and other services for homeless folks: single-bed shelter referrals 6am line up / list (before 7am opening) w/ role-call @ 4pm; coffee 8am; showers Mon-Sat 7am-11:30am and Tue-Wed 2pm-6pm; laundry same hours, provides soap but need 50¢. 1-year locker lottery first of ea. month (dep. \$7, \$2 fee per mo.). Harm Reduction groups M,Tu, Fr 11am-12pm. Ladies Night needle exchange and drop-in services (**women only**), Th. 6pm-8pm MNRC will hold places/appointments for UFO participants if we leave a message at night and let them know to expect you – just ask!

Native American Health Center

www.nativehealth.org

160 Capp St., 2nd fl
(415) 621-8051 (medical)
(415) 621-8056 (dental)

Neighborhood: Mission

How to get there: Take BART to 16th St. station or the MUNI J line to Church. It's a 2 minute walk to Capp St. from BART and a 10 minute walk from MUNI. Bus lines 33 and 22 to 16th and Capp and the 14 and 49 to 16th and Mission.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		
Hep A/B vaccines	X		
HIV testing	X		Drop-in 10am-1pm (but call 1 st best), 2pm-4pm reactive test follow-up. STI refers out
Dental	X		
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish, some Cantonese, Mandarin
Free?	X (sliding scale)		Takes Medi-Cal HSF/CoveredCA., but no HMO/PPO's
Drop-in services	X		Dental emergencies M-Fr 8:45am or 1:30pm Med. Drop-in M-Th, same hr's (short staffed)

More: Their clinical facilities provide a full range of community health care and prevention services including primary medical care, comprehensive dental care, family guidance counseling, HIV prevention and AIDS treatment, youth services, women, infants and children's health, and general nutrition and fitness. Lot of open recovery groups, rooted in Native spirituality. Native American Health Center also maintains a satellite clinic at Alameda Point, a school-based clinic in Alameda and the Healthy Nations Wellness Center. There are no tribal or ethnic requirements for use of the clinical facilities. They are open to everyone.

New Generation

www.newgen.ucsf.edu

625 Potrero (between 18th and 19th)
415-502-8336

Hours: Mon, Wed, Fri 9am-5pm closed 11:45am-12:45pm, Tue, Thu 10am-6pm closed 12:15pm-1:15pm

Neighborhood: Outer Mission

How to get there: Bus lines #33, #48, #9, and #22. Take BART to 24th St. exit, walk down 24th to Potrero, and make a left. Walk 5 blocks.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		
Hep A/B vaccines	X		
HIV testing	X		
Dental		X	
Vision		X	
Trans services	X		
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services		X	

More: New Generation Health Center is a clinic specializing in family planning and reproductive health for youth and young adults. They provide different kinds of services that give patients the knowledge and tools to protect themselves against pregnancy and sexually transmitted diseases.

- Pregnancy testing and counseling
- Plan B, also known as Emergency Contraception or “The Morning After Pill”
- Birth control counseling
- Birth control—the pill, patch, ring, shot, IUD, Implanon
- Condom dispensing
- STD testing and treatment
- HIV testing and counseling
- Annual pelvic exams and pap smears for women
- Colposcopy for women with abnormal pap smears
- Testicular exams for men
- Consultation and referral on psychological, social and school problems
- Health information

Potrero Hill Health Center

www.dph.sf.ca.us

1050 Wisconsin Street
415-648-3022

Clinic Hours: Mon, Tue, Wed, Fri 8am-12pm and 1pm-5pm, Thu 8am-12pm and the afternoon session starts at 2:15pm with fewer service providers.

Neighborhood: Potrero Hill

How to get there: 19 bus line to Wisconsin and 25th St., walk up the hill on Wisconsin St.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental	X		
Vision		X	Can refer
Trans services		X	Trans friendly, can refer
Queer friendly	X		
Language spoken			English, Spanish, Tagalog, two Chinese dialects, Korean
Free?	X		
Drop-in services		X	Can refer

More: Great primary care clinic that also offers case management, bupe, and mental health services. Very neighborhood based, local place but anyone can go. They have a vision and mammography van that drops in on occasion; more information can be obtained on site about dates and times as they are ever changing. The services are free once they have signed the patient up for Medi-Cal or covered CA.

San Francisco City Clinic

www.sfcityclinic.org

356 7th St.
415-487-5500

Drop-in Hours

Mon-Wed-Fri 8:00am until maximum volume (100 patients)

Tues 1:00pm-6:00pm (1pm-3pm for people with STI symptoms only)

Thurs 1:00pm-4:00pm (for people with STI symptoms only) Women's clinic 8am-11am by appointment only

Neighborhood: SOMA

How to get there: Bus: 9, 12, 14, 19, 26, 27, 42. BART/MUNI Metro: Get off at Civic Center, walk 3 blocks south of Market on 7th St.

Services	Yes	No	Other
Youth friendly	X		Serves 12 years old and up
Medical services	X		Specific to STD, pregnancy, HIV, sex related health only
Hep A/B vaccines	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken		X	English, Spanish, Russian, ASL, Cantonese, Mandarin, Tagalog
Free?		X	\$10 fee but no one will be turned away for lack of funds
Drop-in services	X		

More: They have post exposure prevention (PEP), which is for people who have definitely been exposed to HIV. You have 72 hours from exposure to get PEP and it may prevent you from getting HIV. They also have Plan B (the morning after pill). Additionally, they do partner notification stuff, so they will contact anyone you may have exposed to an STI or HIV and inform them that they may have been exposed and to get tested w/o revealing it was you. Testing done only on patient's risk history – they will only test if there was risk. Family planning services, i.e. pregnancy tests, birth control, pre-natal, etc. done by referral from inside the clinic. The place is very organized and

San Francisco Homeless Outreach Team (H.O.T.)

50 Lech Walesa (Ivy Street), SF, CA 94102

Main: (415) 355-7555

Dispatch: (415) 734-4233

Hours: Monday 8am-12pm drop-in clinic

Neighborhood: Civic Center /Tenderloin

How to get there: Take any public transit line to Civic Center and walk to 50 Lech Walesa (Ivy Street)

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		
Hep A/B vaccines	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		
Queer friendly	X		
Language spoken			English
Free?	X		
Drop-in services	X		

More: The SF Homeless Outreach Team works closely with UFO and if you let them know you are a UFO participant they will prioritize seeing you. They have a doctor, nurses and a psychiatrist on staff. On Monday mornings they have their drop-in hours, which offers a wide range of care, including suboxone treatment and services for pregnant women not currently connected to pre-natal care. They are basically a mobile clinic, but they do have an office at 50 Lech Walesa (Ivy Street). 24 hours/7 days they offer van outreach and transportation to for homeless individuals. Responds to a variety of requests, including help for individuals under the influence, individuals needing help with referrals, accessing services, and transportation. If UFO staff can escort a participant to their offices that would be great in helping facilitate the visit. They do street outreach on Wednesdays at 9:15am and they meet in front of the tenderloin police department at Eddy and Jones.

Southeast Health Center

www.sfdph.org

2401 Keith St. (At Armstrong)

415-671-7000

Hours: Mon-Fri 8am-5pm. They're closed for lunch from 11:30am to 12:30pm. Closed holidays, weekends and the first Wednesday of every month from 1:15pm to 3pm.

Drop in nurse clinic: Mon, Tues, Thurs, Fri: 12:30pm to 3:00pm

Neighborhood: Bayview Hunter's Point

How to get there: The T to Keith St. stop.

Services	Yes	No	Other
Youth friendly	X		
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental	X		
Vision		X	Can refer
Trans services		X	
Queer friendly			
Language spoken			English, Spanish
Free?	X		
Drop-in services		X	Can refer

More: This is a community based clinic that serves the needs of the immediate local residents, however you can still access services there if you are not local. It's a pretty comprehensive, solid place.

St. Anthony Free Medical Clinicwww.stanthonysf.org

150 Golden Gate
415-241-2600

Call at 8am to make an appointment

Hours: Mon, Tue, Thu, Fri 8am-4:30pm, Wed 8am-12pm

Neighborhood: Tenderloin

How to get there: MUNI lines and BART to Civic Center, walk up one block to Golden Gate St.

Services	Yes	No	Other
Youth friendly	X		Adult and Pediatric clinics
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental		X	
Vision		X	Can refer
Trans services		X	
Queer friendly	X		
Language spoken			English, Spanish, Russian, Vietnamese, Japanese, various Chinese dialects, Thai, Hindi...you name it, they'll speak it
Free?	X		
Drop-in services	X		

More: St Anthony's is only for uninsured people. They do take HSF, but no Medi-Cal or anything else. They're great for undocumented people and people who speak something other than English as their primary language. St Anthony's also provide lunch 7 days a week, runs a men's-only drug treatment program (Father Alfred's), has 2 therapists, a psychiatrist and a podiatrist on staff. They have provided HCV treatment to UFO participants in the past. Alice, one of the nurses for UFO, used to work there, so ask her if you have any questions.

St. James Infirmary

www.stjamesinfirmary.org

1372 Mission St. (between 9th and 10th)
415-554-8494

Drop in for all services on Wednesdays from 6pm-9pm otherwise call or check website for weekly schedule.

Neighborhood: SOMA

How to get there: 14 bus line to 9th St., civic center BART stop, walk to Mission St.

Services	Yes	No	Other
Youth friendly	X		13 and over
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services	X		“Stride” transgender healthcare and hormone clinic on Thursdays
Queer friendly	X		
Language spoken			English, Spanish, Korean, Tagalog, French
Free?	X		
Drop-in services	X		

More: St. James Infirmary is great. I think the following piece of writing explains who they are and what they do way better than I can: “St. James Infirmary offers free, confidential, nonjudgmental medical and social services for sex workers of all genders and sexual orientations. We are the first occupational safety and health clinic for sex workers run by and for sex workers! There are many factors which affect the working conditions and experiences for all Sex Workers including the political and economic climate, poverty and homelessness, stigmatization, violence, as well as the overwhelming intricacies of the legal, public and social systems. It is the philosophy of The St. James Infirmary to build upon existing skills and strengths in order to allow individuals to determine their own goals while providing culturally competent and non-judgmental services.”

TAP – Treatment Access Program

www.dph.sf.ca.us

1380 Howard St., 1st Floor
(415) 503-4730 or 1-800-750-2727

Hours: Mon- Fri 8am-5pm

Neighborhood: SOMA

How to get there: Take the 9, 19, or SM to Howard St. stop.

Services	Yes	No	Other
Youth friendly	X		
Medical services		X	Can refer
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services		X	Can refer

More: This is where people can access detox, bupe, methadone, or residential treatment and psych care places all over the city. TAP does an intake and refers the person to the right program for them. The bupe and methadone programs are right upstairs and most of the time the client will be sent right up there for an intake if that's what they want. They accept drop-ins or referrals. They will also help find someone a good, IDU friendly clinic to register with Healthy San Francisco. IBIS/COPE, the methadone and bupe programs, love the UFO Study and our kids. You need to go through TAP in order to get into any kind of detox and/or rehab in SF. Their staff is really supportive and familiar with the community and interested in getting people the care they need.

Tom Waddell Clinic

www.dph.sf.ca.us

Primary Care: 230 Golden Gate Ave.
Urgent Care: 50 Lech Walesa (Ivy St.)
Dental Clinic: 50 Lech Walesa (Ivy St.)
(415) 355-7400 main number
(415) 355-7527 dental

Hours: Primary Care: Mon- Fri- 8am-5pm (drop-ins for primary care are only for current registered patients)

Urgent Care: Mon-Thu 8am-6:30pm, Fri 8am-5pm, Sat 8:30am-5pm

Dental: Mon-Thu 8am until full. Get there before 8am and line up.

Neighborhood: Tenderloin

How to get there: Take any public transit line to Civic Center and walk to Lech Walesa St. or Golden Gate Ave.

Services	Yes	No	Other
Youth friendly	X		18 and over
Medical services	X		
Hep A/B vax	X		
HIV testing	X		
Dental	X		
Vision		X	Can refer
Trans services	X		And clinic!
Queer friendly	X		
Language spoken			English, Spanish
Free?		X	
Drop-in services		X	Can refer

More: In addition to medical, dental, psych, drug treatment, social services, and HCV treatment, it's open until 8pm and on Saturdays. Call first to make sure of hours and once you're there, be prepared to wait. They will get you hooked up with Healthy San Francisco and Medical, but if you go to urgent care they won't turn you away.

Vietnamese Youth Development Center

www.vydc.org

166 Eddy St. (Taylor and Mason St.)
415-771-2600

Hours: Mon-Fri 10am-6pm

Neighborhood: Tenderloin

How to get there: BART to Powell St., walk two blocks up Eddy St. towards Taylor St.
MUNI 31 to Eddy & Mason, MUNI 27 to Powell & Market.

Services	Yes	No	Other
Youth friendly	X		Youth specific
Medical services		X	Can refer
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Vietnamese
Free?	X		
Drop-in services		X	Some, but can refer for more

More: This is mainly a place for youth who need support and case management around school and life issues. They have case managers and after school programs. Their focus is on giving a positive environment for the kids of the TL to divert them from the street and providing a positive atmosphere outside of the home. Its focus is not on homeless youth, however all youth are welcome.

West Side Community Services and Methadone maintenance and detox

www.westside-health.org

245 11 St. for crisis outpatient services/case management, 415-355-0311, ext. 1200

1301 Pierce St. for methadone clinic, 563-8200

Ajani Youth Services, 1140 Oak Street, (415) 431-8252 ext. 1140

415-431-9000 admin/main number

Hours: Mon-Fri 9am-5pm

Drop in hours to meet with a case manager: Mon, Tue, Thu, Fri 9am-10:30am

Crisis Clinic: Mon- Fri 8am-6pm, Sat 9am-4pm

Methadone Maintenance and Detox: Mon-Fri 7am-3:30pm

Dispensing Hours: Mon-Fri 7am-10:45am, 12pm-1:45pm, Sat, Sun, Holidays 8am-11am

Neighborhood: SOMA/Western Addition

How to get there: 11th St. - Take the 9, 9L, or 47 bus to Howard St. stop.

Pierce St. - Take the 22 to the Geary stop and walk up to Pierce St.

Services	Yes	No	Other
Youth friendly	X (Ajani)		Services people 18 and over
Medical services		X	Can refer
Hep A/B vax		X	Can refer
HIV testing		X	Can refer
Dental		X	Can refer
Vision		X	Can refer
Trans services	X (crisis clinic)		
Queer friendly	X		
Language spoken			English, Spanish
Free?		X	Sliding Scale
Drop-in services	X		

More: We've known people who've gone through this clinic in order to detox and get into rehab and they say it's pretty all right. In order to access services, clients must drop in and meet with a case manager for a screening. You can get the same kinds of services at TAP. Westside also offers great mental health services and crisis intervention. To be seen on a Saturday you should line up outside at 7AM because they have limited doctors on staff. They also offer mental health services. For drop-in services show up an hour before opening.

Women's Community Clinic

www.womenscommunityclinic.org

1833 Fillmore St. 3rd Floor (between Bush and Sutter)
(415) 379-7800

Hours: Mon, Thu 1pm-9pm, Tue 9am-9pm, Wed, Fri 9am-5pm, Sat 9am-1pm

Neighborhood: Upper Fillmore

How to get there: The MUNI Line 22 goes right to it.

Services	Yes	No	Other
Youth friendly	X		12 and up
Medical services	X		See below for more details
Hep A/B vax	X		Just B
HIV testing	X		
Dental		X	Can refer
Vision		X	Can refer
Trans services		X	Can refer
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		Sliding scale
Drop-in services		X	Can refer

More: Some of the services you must call first to make an appointment, however there is a drop-in clinic for which you can just show up to on Tuesdays and Fridays starting at 8:30 (get there at 8 to get seen early). This place is great for medical services specific to women's sexual health, like birth control options, STI screens, annual exams, pregnancy testing, etc. Basically they are a women's health clinic. Their hours are varied and some services are only offered on a drop-in basis, so call first before you go! Everything is on a sliding scale basis but no one is turned away because of money. They will sign you up for the Family PACT plan if qualify, and then you can get these services for free at a lot of different clinics in California as well! They are really nice and loving and supportive, you can feel it in the air of the place.

Youth Bay Positives
www.baypositives.org

701 Oak St.
415 487-1616

Hours: Mon-Fri 10am-6pm

Neighborhood: Lower Haight

How to get there: Take 71 or 7 up Haight to Fillmore and walk to Oak St. Take MUNI to Church stop and walk up hill to Oak St.

Services	Yes	No	Other
Youth friendly	X		26 and under
Medical services			Can refer. HIV+ case management and counseling.
Hep A/B vax			Can refer
HIV testing		X	Can refer
Dental			Can refer
Vision			Can refer
Trans services		X	Call for more info.
Queer friendly	X		
Language spoken			English, Spanish
Free?	X		
Drop-in services	X		Call for times

More: They have a focus on supporting HIV positive youth. Their site is super cozy and nice and they are open Monday-Friday 10am-6pm. They have a kitchen and a shower as well as a space to just chill out. They have a variety of groups and movies on Friday afternoons at 3pm. They refer youth to any services they may need and the folks that work there are kind and obviously invested in this work. In order to become a client, call first and set up a time to go in for an intake. They seem like a tight, supportive community!

All Things Hep C (HCV)

Where to get tested/treated for Hep C (HCV)

Adult Immunization Clinic (AIC)

www.sfdph.org/aic

San Francisco Dept. of Public Health 101 Grove Street, Room 102 San Francisco, CA 94102

Phone: 415-554-2625

Hepatitis A, B, C testing; Hepatitis A and B Vaccination: Mon-Fri: 9am-4pm except Tuesdays closes at 3pm

Hepatitis A - \$81; Hepatitis B - \$85; HAV/HBV - \$85; Hepatitis C antibody - \$63

Adult Medical Center at San Francisco General Hospital

1001 Potrero Avenue, 1M3 (main lobby) San Francisco, CA 94100

Phone: 415-206-8000

Hepatitis A, B, C testing; Hepatitis A and B Vaccination Mon-Fri: 8:30am-12 noon, 1pm-5 pm (closed 12pm-1 pm) – Need a referral to be seen

Sliding scale fees. Medicare, MediCal accepted • Required SF residency • By appointment & availability of physician on duty

Castro Mission Health Center

3850 17th Street San Francisco, CA 94114

Phone: 415-934-7700 - By appointment only

Hepatitis B and C Testing Immunization Nurse: M-F, 8 am-12 pm, 1pm-5 pm; except for Tuesdays open until 9pm

Sliding scale fees. Medicare, MediCal accepted • Required SF residence

Chinatown Public Health Center

1490 Mason St. San Francisco, CA 94133

Phone: 415-364-7600

Hepatitis A, B, C testing; Hepatitis A and B Vaccine Drop-in clinic: Mon- Fri: 8am-11am; Mon: 1pm-4pm. Closed 1st Thu am and 3rd Wed am.

Appointment Hours Mon-Fri: 8am-5pm

Community Hepatitis B screening and vaccination is available on the 2nd Saturday of each month: 9am -12pm

Sliding scale fees. Medicare, MediCal, Healthy Families accepted • Required SF residency

Drop-ins limited to 1st 20 patients

Chinese Hospital

845 Jackson St. 1st Floor San Francisco, CA 94133

Phone: 415-982-2400

Hepatitis A and B testing; Hep B Vaccination Testing: Mon-Sat: 2pm-5pm. HBV

Vaccination: First Wed: 5pm-7pm.

Blood Test - Free of Charge Vaccination - \$10/shot 1st Wednesday of each month

5:00pm-7:00pm (3 shots total)

City Clinic of San Francisco

356 7th Street, San Francisco CA 94103

(415) 487-5500.

Hep C testing for at risk population. Tests for other sexually transmitted diseases. Drop in early. Doors close when maximum daily patient load has been reached Monday,

Wednesday and Friday; 8am - 4pm Tuesday; 1pm - 6pm Thursday; 1pm- 4pm

Hepatitis A, B vaccinations available to specific populations. Please consult with clinic for details

\$10 per visit Sliding fee scale available

12 years of age and older

Glide Health Clinic

www.glide.org

330 Ellis Street, 6th Floor San Francisco, CA 94102

Phone: 415-674-6140

Hepatitis A, B, C testing; Hepatitis A and B Vaccination Mon ,Tue, Thu:1pm-5pm; Wed:
9am-1pm

No charge Donations gladly accepted • Uninsured • High risk patients, they will try to enroll patient with MediCal

Healthright 360 (Haight Ashbury Free Medical Clinic)

558 Clayton St. San Francisco, CA 94117 or 1735 Mission St.

Phone: 415-746-1950

Hepatitis A, B, C testing; Hepatitis A and B Vaccination

Mon-Fri 8:45am-12pm and 1pm-5pm; Call for an appointment

No charge for high-risk populations • Uninsured • High risk clients

HIV Prevention Project Needle Exchange

117 6th St. San Francisco, CA 94107

Phone: 415-241-5100

Hepatitis C testing Tue: 10am-12pm; Sat: 3pm-5pm; Last three Fridays of the Month:
12pm-2pm Free

Maxine Hall Health Center

1301 Pierce Street, San Francisco California 94115

Phone: 415-292-1300

Hepatitis C testing Wed: 1:30-3 pm Fri: 8am-10am & 1pm-3pm

Sliding scale fees. Medicare, MediCal accepted • Required SF residency

3rd Street Youth Clinic

www.3rdstyouth.org/clinic.html

1728 Bancroft Avenue at 3rd Street San Francisco, CA 94124

Phone: 415-822-1707

Free Hep C testing

Hepatitis A and B screening; Hepatitis A and B Vaccination Drop-In: Mon–Fri, 1pm–4pm

Clinic Hours: Mon–Fri, 1pm–5pm; great for high risk youth and will sign you up for
MediCal

Kaiser Permanente

Most locations inquire at your local facility

www.kp.org

Hepatitis A, B, C testing

Hepatitis A, B vaccination: Contact your doctor for information and appointments Free or
co-pay required, depending on insurance plan and whether it is considered as preventive
services Kaiser members only

Lyon-Martin Health Services

1748 Market Street, Suite 201 San Francisco, CA 94102

Phone: 415-565-7667

www.lyon-martin.org

Hepatitis A, B, C testing Hepatitis A, B vaccination Monday & Tuesday: 11am –

7:30pm (Closed for lunch 2:45pm-3:45pm) Wednesday – Friday: 9am - 5:30pm (Closed
for lunch 12:45-1:45pm) Saturday & Sunday: closed Office visits by appointment only.

Medi-Cal, Medicare, and other insurance accepted Sliding fee scale for
uninsured Women, lesbians, transgender females

New clients: call to schedule an appointment to establish a patient account with a primary
care provider

Mission Neighborhood Health Center

240 Shotwell Street San Francisco, CA 94110

Phone: (415) 552-3870 or (415) 552-1013 Fax: (415) 431-3178 TDD/TTY: (415) 552-8567

www.mnhc.org

Hepatitis A, B, C testing Hepatitis A, B vaccination Monday through Friday 8:30am. - 5:30pm

Appointment only Medi-Cal, Medicare, and other insurance accepted sliding fee scale for uninsured

New clients: call to check if clinic is accepting new clients, and whether assignment by your insurance is necessary

North East Medical Services (NEMS)

Various locations

415-391-9686

www.nems.org

Hepatitis A, B, C testing Hepatitis A, B vaccination Cost varies depending on location Medi-Cal, Medicare, and other insurance accepted Sliding fee scale for uninsured

Planned Parenthood San Francisco Health Center

1650 Valencia St San Francisco, CA 94110

Phone: 415-821-1282 Fax: 415-821-9047

www.plannedparenthood.org/shasta-pacific

Hepatitis B, C testing, Hepatitis B vaccination Wednesday 8:30pm to 5pm.; Thursday 7am to 5pm.; Friday and Saturday 8:30am to 5pm

Appointment only Medi-Cal, Contra Costa Health Plan Partnership, Health Plan of Ca, and a selection of other insurance accepted. Sliding fee scale for uninsured Monday and Tuesday 8:30am to 8pm

Wohlford Family Clinic at the Good Samaritan Family Resource Center

1294 Potrero Ave San Francisco, CA 94110

415-401-8737

www.plannedparenthood.org/shasta-pacific

Hepatitis B, C testing Hepatitis B vaccination Tuesday 8:30am to 1pm, Wednesday and Friday 9:30am to 6pm.

Appointment preferred. Drop-in available on Wednesday Medi-Cal, Contra Costa Health Plan Partnership, Health Plan of Ca, and a selection of other insurance accepted Sliding fee scale for uninsured

San Francisco State University

Student Health Services 1600 Holloway Avenue San Francisco, CA 94132

Phone: (415) 338-1251

Fax: (415) 338-2278

<http://health.sfsu.edu/>

Hepatitis A, B, C testing Hepatitis A, B vaccination Online appointment scheduling

available All services are fee-based, please consult with clinic for specific information

S.F.S.U. students

UCSF AIDS Health Project

1930 Market St. San Francisco, CA 94102

www.ucsf-ahp.org

415-476-3902

Hep B Screening & Vaccinations Hep C screenings Tues. 5pm-7pm; Wed, Thurs 12pm-7pm; Fri 12pm-5pm; Sat 9am-12pm; Sun 12:30pm-3:30pm Free

Woman's Community Clinic

1833 Fillmore Street 3rd Floor San Francisco, CA 94117

415-379-7800

Hep A, B, C Screenings Hep A & B Vaccinations. Call for appt.

Appt. Hours Mon: 1pm-9pm Tues: 9am-9pm Wed: 9am-5pm Thurs: 1pm-9pm Fri: 9am-

5pm Sat: 9am-1pm Sliding Scale

SFVA Medical Center

4150 Clement St. San Francisco, CA 94121

415-221-4810

Hep A,B,C Testing

Hep A,B Vaccination Monday- Friday, 7:30am- 4pm Insurance accepted

Drop in clinic for veterans

South East Health Center

2401 Keith St. San Francisco, CA 94121

415-671-7000

Hep A, B, C Hep A, B Vaccination Appointment only. Sliding Scale

Must be a regular patient

South of Market Health Center

551 Minna St. San Francisco, CA 94103

415-626-2951

Hep A, B, C Testing Hep A, B Vaccination Mon.- Thurs. 8am-12pm, 1pm- 5pm. Fri &

Sat 8am-12pm, 1pm-3pm

By Appointment Sliding scale fee, insurance also accepted.

St. James Infirmary

1372 Mission St. San Francisco, CA 94103

www.stjamesinfirmary.org

415-554-8494

Hep C testing, Hep B screening Hep A, B Vaccination Tues: 1pm-6pm for testing only;

3pm-6p For vaccines on call Wed & Thurs 6pm-8pm all services Free for S.F. bay area sex workers, their partner(S), & their children. Tue 3pm-6pm testing for anybody

Tom Waddell Clinic

50 Lech Walesa (Ivy St.) – Urgent Care

230 Golden Gate Ave. – Primary Care

415-355-7400 or 415-355-7500 for appointments

www.dph.sf.ca.us

Hours: Mon-Fri 8:10am-5pm closed from 12pm-1pm

Neighborhood: TL

How to get there: Take any public transportation line to Civic Center and walk to Lech Walesa St. or Golden Gate Avenue

Antibody test (Elisa)	Viral test (TMA)	Viral load (PCR)	Liver Function Test (LFT)	HCV follow-up care	HCV treatment
Yes	Yes	Yes	Yes	Yes	Yes

More: Tom Wadell has a comprehensive HCV program, in that they do antibody and viral testing and treatment, however some UFO participants have not had the best experience

there. Unfortunately, the HCV nurse is available for only 8 hours per week and therefore has limited time to provide all services needed. Consequently many patients are lost to attrition.

Potrero Hill Health Center

1050 Wisconsin Street
415-648-3022 Or 415-920-1250
www.dph.sf.ca.us

Hours: Mon, Tue, Wed, Fri 8:30am-5:30pm, Thu 8:30am-12pm

Neighborhood: Potrero Hill

How to get there: 19 bus line to Wisconsin and 25th St., walk up the hill on Wisconsin St. It's a steep hill, but the view is gorgeous!

Antibody test (Elisa)	Viral test (TMA)	Viral load (PCR)	Liver Function Test (LFT)	HCV follow-up care	HCV treatment
Yes	Yes	Yes	Yes	Yes	Yes

More: This clinic is very neighborhood based and serves local folks for primary care, however they will work with patients to provide HCV testing and follow up treatment if a patient so desires. They will work with the SFGH Liver Clinic (and refer as needed) to get you the best care possible.

St. Anthony Health Free Medical Clinic

150 Golden Gate
415-241-8320
www.stanthonysf.org

Hours: Mon, Tue, Thu, Fri 8am-4:30pm, Wed 8am-12pm

Neighborhood: Tenderloin

How to get there: MUNI lines and BART to Civic Center, walk up one block to Golden Gate St. and go right.

Antibody test (Elisa)	Viral test (TMA)	Viral load (PCR)	Liver Function Test (LFT)	HCV follow-up care	HCV treatment
Yes	Yes	Yes	Yes	Yes	Yes

More: St. Anthony will do an HCV antibody test and a liver function test (LFT) on anyone at risk. They also do viral load tests (HCV PCR) for anyone who has a confirmed HCV diagnosis. HCV treatment has been provided in the past and is available for certain patients after clinical consultation. They prefer to work with SFGH or CPMC (other hospitals in SF) hepatologists to consult on the treatment, though will provide the treatment and supportive care themselves. Patients do generally have to go to the consulting hospital from time-to-time. Please schedule an appointment with Dr. Sonia Bledsoe if treatment is what is desired.

BAART Turk St.

433 Turk St.
415-928-7800
www.baartprograms.com

Neighborhood: Tenderloin

How to get there: MUNI lines and BART to Civic Center, walk up two blocks to Turk St. and go right.

Antibody test (Elisa)	Viral test (TMA)	Viral load (PCR)	Liver Function Test (LFT)	HCV follow-up care	HCV treatment
Yes	Yes	Yes	Yes	Yes	Yes

More: BAART Turk St. is a methadone clinic, however as of late, certain clinicians have agreed to work with UFO medical staff to provide testing and treatment since they have the means on site and see their patients every day. If this sounds like something you'd be interested in, please ask the UFO nurse Pam Axelson or staff and we will work with you to see if this is a fit. Please note this is easiest to do if you have Medi-Cal, so if you do, you can just self-present at the clinic. Otherwise, you will need to be referred through TAP, which we can help you with.

OASIS (Organization to Achieve Solutions in Substance Abuse)

520 27th St. (near Telegraph)
Oakland, CA 94612
510-834-5442
www.oasiscliniconline.org

Hours: Tue 9am-4pm

Neighborhood: Oakland

How to get there: Take BART to 19th St. and walk to Telegraph. Go right on Telegraph until 27th St.

Antibody test (Elisa)	Viral test (TMA)	Viral load (PCR)	Liver Function Test (LFT)	HCV follow-up care	HCV treatment
Yes	Yes	Yes	Yes	Yes	Yes

More: The primary mission of O.A.S.I.S. is to provide low-cost, subsidized medical care, clinical research studies, and to develop and provide educational materials for medically marginalized former or current drug and alcohol users. They serve a multi-ethnic community, approximately 1/3 of whom are medically uninsured or underinsured and over 50% of whom have substance abuse histories — including alcohol abuse — of greater than 20 years duration. HCV treatment services are available to all persons, regardless of how they contracted HCV. A focus of the O.A.S.I.S. Clinic is attending to the healthcare and psychosocial needs of persons infected with HCV, and residing in the greater East Bay community. Folks from SF can access services as well. Please note that attendance to weekly support groups is a requirement for HCV treatment.

San Francisco General Hospital (SFGH) Liver Clinic

1001 Potrero
SF, CA 94110
415-206-8000

Neighborhood: Outer Mission

How to get there: Take BART to 24th St., walk east to Potrero. Take bus # 9 to Potrero and 24th.

Antibody test (Elisa)	Viral test (TMA)	Viral load (PCR)	Liver Function Test (LFT)	HCV follow-up care	HCV treatment
Yes	Yes	Yes	Yes	Yes	Yes

More: Access to the SFGH Liver Clinic is achieved through a referral from a primary care provider who is part of the public health system here in SF. Primary care providers will complete an e-referral through the LCR. Patients then attend a class. After the class, if the liver clinic thinks they might be a valid candidate, they will schedule future consults. Please be aware that active drug and alcohol use excludes access to HCV treatment at SFGH. Despite this, the Liver Clinic is the most common place for SF residents to access treatment.

Hep C support groups

OASIS

520 27th St.
Oakland, CA 94612
510-834-5442
12-1pm Tuesdays
Free!!

More: Free lunch is provided.

HepC: 411 is a toll-free educational group where you can hear from medical experts and other people with hep C. It's held every Tuesday from 7 to 7:30 pm, PT, and is completely confidential. Ask questions if you want, or just listen in privately.

Dial: 1-800-391-1709 Enter Code: 888185

Hepatitis C Support Group

2333 Buchanan St., Rm 2424
California Pacific Medical Center, main hospital
Pathology Conference room, 2nd floor
1st and 3rd Tuesdays of every month
6:45-8:30pm, drop-ins welcome, peer-led group (not professionals)

The Support Partnership

877-HELP-4-HEP (877-435-7443)
www.help4hep.org/

More: New national hotline and website that provides support and information by and for people affected by hepatitis C. The hotline is staffed by trained peer counselors, Mon-Fri 6am-4pm to provide emotional support, health information, and referrals.

STD and HIV testing

Where to get tested/treated for STDs and HIV

www.sfhiv.org/testing_locations.php: clickable map of each neighborhood and HIV/STD testing.

** signifies that service has a tear-away sheet available elsewhere in manual, i.e. “General Services” or “All things Hep C.”*

City Clinic *

356 7th St. (btwn Harrison and Folsom)

General: 415-487-5500

www.sfcityclinic.org/

Hours: MWF 8am-4pm (closes when they reach their maximum – can close before 4)
Tues 1-6 (1-3 symptoms only), Thur 1-3 (symptoms only). PEP offered whenever open.
PrEP (appt’s for counselling can be made by calling gen. number, or by drop-in

STD Testing	HIV Testing
Yes	Yes

More: City Clinic is often a very busy place, so its good to get there early or you may end up waiting a while. If you think you’ve been exposed to HIV, they offer free PEP, which entails a 28-day course of HIV medications that can greatly reduce your risk of getting HIV. Initiate within 72 hr’s of exposure. PEP hotline . They also offer PrEP (ongoing ‘pre-exposure prophylaxis’), for high risk folks. **They also offer the “Morning After Pill.”**

Alliance Health Project (AHP)

AHP Service Center: 1930 Market St.

415-476-3902

www.ucsf-ahp.org/

Hours: Drop-in: Tues 5pm-7pm, Wed/Thurs Noon-7pm, Fri Noon-5pm, Sat 9am-Noon
Mobile Van:

Mon: 6pm-9pm @444 Castro St.; Sat: 1:30pm-4:30pm @501 Castro St.

Appointments: (415) 502-TEST (8378) or online, 1930 Market St.: Call between 11am and 4:30pm Tues-Fri to make an appointment (phone sometimes short-staffed, so online/drop-in can be more reliable). Appointments are scheduled for the same hours as the drop-ins.

STD Testing	HIV Testing
Yes	Yes

More: HIV testing for anyone. Chlamydia and gonorrhea testing only for men who have sex with men. AHP also offers a lot of support, substance use, and returning to work groups, primarily for gay and HIV positive men. **Intake drop-in, for groups: MWF 9-11am**

Asian and Pacific Islander Wellness Center (API Wellness) *

730 Polk St., 4th Fl., San Francisco

(415) 292-3400

<http://apiwellness.org>

Hours: HIV Testing: Walk ins: Tues 1pm-5pm, Wed 2pm-7pm, Thurs 1pm-7pm, Fri 1pm-5pm, Sat 2pm-5pm. It's free testing. They offer confidential and anonymous testing.

Wellness Day (free health care, with NP, STD screening): Wed, Fri 1pm-6pm

Trans-specific HIV/HCV testing: Tues, Wed, Fri 1pm-6pm

Wellness Day (free health care with NP): Tue, Wed 1pm-6pm

Sexual/ reproductive health clinic: Wed., Fri 1pm-6pm (by appt.)

Trans-THRIVE trans-drop-in, Tu, Thu, Fri, Sat, 2pm-5pm

Wed 4pm-7pm 'Candy Shop' all trans/gender-variant-youth (drop-in), ages 14-24

STD Testing	HIV Testing
Yes, through clinic, call for medical appt.	Yes

Glide Health Services * Counseling and Testing Unit

330 Ellis St., Suite 519, San Francisco, CA

(415) 674-6140

www.glide.org

Hours: by appointment or drop-in, Mon. - Thurs.: 1:30pm - 4pm. Fri: 9am - 11:30am

STD Testing	HIV Testing
No	Yes

More: Rapid testing, drop-ins available. English and Spanish speaking staff available. HIV / HCV testing only for people who inject drugs, gay and bisexual men and trans-women who inject or have sex with male partners who have sex with men. STD tests only for Glide Clinic primary care patients.

Magnet *

4122 18th St. [*moving Apr. 2015 to 474 Castro, adding PrEP services*]

415-581-1600

www.magnetsf.org

Hours: Mon, Tue, Wed, Thu, Fri 10am-8pm; Sat 10am-6pm

Neighborhood: Castro

How to get there: Take MUNI underground or Market St. trolley to Castro St. station, walk to 18th St. and go right. 33 /24 MUNI-lines.

STD Testing	HIV Testing
Yes	Yes

More: Services for gay, bi and trans men, on first-come drop-in for same-day appt's. 7-day wait for STD results (*no neg. call-back*). STD-Treatment. HAV/HBV vacc. No herpes/HPV testing

Mission Neighborhood Health Center (Clinica Esperanza)

240 Shotwell St., San Francisco, CA

(415) 431-3212

<http://mnhc.org>**Drop-In Hours:** Mon 2pm-5pm (Rapid); 6pm-8pm (Conventional)

Tue, Wed: 6pm-8pm (rapid)

STD Testing	HIV Testing
No	Yes

More: For all HIV testing all people are welcome and testing is confidential! All visits are by appointment, except for sick care, emergencies, and MNRC. Latinos at risk for HIV and men who have sex with men, transgender individuals, and their partners. Medical services and homeless drop-in services at MNRC (laundry, showers, lockers, case management, etc.). Spanish and English.

MNRC - Mission Neighborhood Resource Center (homeless drop-in) *

165 Capp St.

(415)-869-7977 , x 1001 (clinic)

Hours: Tue 2pm-4pm (rapid tests)

STD Testing	HIV Testing
Yes (as part of clinic appt.)	Yes (drop-in)

Native American Health Center *

160 Capp St., San Francisco, CA

(415) 621-8051

<http://nativehealth.org>**Hours:** Tue 2pm-4pm

STD Testing	HIV Testing
No	Yes

More: In order to get an HIV test here you must have some proof of health coverage.

San Francisco AIDS Foundation (SFAF)

1035 Market Street, Ste. 400

(415) 487-3000

www.sfaf.org**Hours:** Tues-Thurs 3pm-6pm (They take the last client at 5:30pm)

117 6th St. (near Mission)

Hours: Fri 12pm-2pm

STD Testing	HIV Testing
No	Yes

More: Also offers clean works.

St. James Infirmary Health Center *

1372 Mission St., San Francisco (between 9th and 10th)

(415) 554-8494

<http://stjamesinfirmary.org/>

Hours: HIV Rapid Testing on Tuesdays only. RNA HIV Testing every clinic day.

Appointment & drop-in, primary care, etc.: Wed 5:30pm-8pm

STRIDE Transgender & HIV/STI services: 1pm-4pm (call for appointment)

STD Testing	HIV Testing
Yes	Yes

More: HIV test results are given in person only. STI results are available every Monday between 1-3pm by calling (415) 554-9634. St. James provides services for female, transgender, and male sex workers, including a medical clinic, holistic health services, and a transgender clinic.

Women's Community Clinic *

1833 Fillmore (between Bush and Sutter), San Francisco

(415) 379-7800 ext. 0

<http://womenscommunityclinic.org>

Appointment Hours: Mon 1pm-9pm

Tue 9am-9pm

Wed 9am-5pm

Thurs 1pm-9pm

Fri 9am-5pm

Sat 9am-1pm

STD Testing	HIV Testing
Yes	Yes

More: By appointment only. STI, HIV testing and treatment, birth control, pregnancy testing/counseling, gynecological concerns, and annual exams. Uninsured/underinsured women and girls 12y/o and up. English and Spanish.

Youth Focused STD/HIV Testing

Dimensions Queer Youth Clinic *

3850 17th St., San Francisco (btwn Noe and Sanchez)
(415) 934-7789 Dimensions Clinic Information Line
(415) 934-7700 Main clinic, appointments
<http://dimensionsclinic.org>

Hours: Thu 5-8pm; Sat 12-3pm

STD Testing	HIV Testing
Yes	Yes

More: Dimensions is an open and friendly place to get support in being healthy. They offer low-cost health services for queer, transgender, and questioning youth ages 12-25 y/o. HIV testing is specifically focused for male and trans youth who have sex with men. English and Spanish speaking staff available.

Huckleberry Cole St. Clinic *

555 Cole St., San Francisco
(415) 386-9398
<http://huckleberryyouth.org>

Hours: Medical care, Appointments: Mon, Tues, Wed, Fri: 9:30am to 5pm
Drop-in: Tues & Thu: 2pm-5pm

STD Testing	HIV Testing
Yes	Yes

More: Services exclusively for youth 12-24 yo

Larkin Street Youth Services*

As of February 1, 2015, a new process will be rolled out for all Larkin locations shortly and testing and times will be expanded. This page will be replaced with updated services and locations once they are in place. Larkin Street Youth Services is currently referring people to 3rd Street Youth Center and Clinic.

3rd St. Youth Clinic *

1728 Bancroft Avenue

(415) 822-1707

<http://3rdstyouth.org/>

Neighborhood: Bayview

How to get there: 3rd St. MUNI light rail (T-line)

Hours: Clinic: Mon-Fri 1pm-5pm

Youth center: Mon-Fri 1pm-7pm

STD Testing	HIV Testing
Yes	Yes

More: Serves people ages 12-24 only. STD and pregnancy testing free and available on drop-in basis. HIV testing every day but call first to make sure you can be seen. Physicals available by appointment, takes Medi-Cal and Healthy SF. They offer emergency contraception, prenatal care, counseling and therapy, and drop-in groups and activities.

Contraception and Pregnancy

Where to find contraception, prenatal and abortion services

San Francisco City Clinic*

356 7th St.

General: 415-487-5500

Women's Health Services: 415-487-5552

www.sfcityclinic.org/

Hours: Drop-in Family Planning, exams, pap smears: Mon, Wed, Fri 8am-4pm

Tues 3pm-6pm

Appointment: Thu 8am-10:30am

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post Birth Care and linkage to services	Contraceptive Services	Cost
Yes	No	no	No	No	Yes	Not free: Medi-Cal up to 20 wks

Neighborhood: SOMA

How to get there: Bus: 9, 12, 14, 19, 26, 27, 42. BART/MUNI Metro: Get off at Civic Center, walk 3 blocks south of Market on 7th St.

More: They offer **SOME** birth control on site: condoms and Depo Provera injections. For other options (the pill, the patch, vaginal ring), they'll give you a prescription. **They also offer the "Morning After Pill" (Plan B) within 72 hours of unprotected intercourse.**

Family Planning Specialists Medical Group

200 Webster St., Suite 100, Oakland
(510) 268-3720

www.familyplanningspecialists.com

Hours: Mon-Fri 8:30am-5pm

Call or go online for an appointment

Neighborhood: Oakland

How to get there: Take BART to Lake Merritt station, walk down Oak St., right on 2nd St. It's on the corner of 2nd St. and Webster.

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 21 weeks (5months)	Post Birth Care and linkage to services	Contraceptive Services	Cost
Yes	No	Yes	Yes	No	None	Not Free: Medi-Cal, presumptive eligibility

More: Family Planning Specialists Medical Group provides safe, compassionate and confidential abortion care to women in the Bay Area and Napa. They provide both first and second trimester abortions up to 21 weeks and 6 days gestation. In the first trimester, patients have three anesthesia options: conscious sedation, general or local anesthesia. All second trimester patients receive general anesthesia. Family Planning Specialists also offers the Abortion Pill up to 9 weeks gestation as an alternative to surgery. Their staff work hard to help patients feel comfortable and they pride themselves on being attentive to patients' needs and providing individualized care.

Homeless Prenatal

2500 18th Street (and Potrero)

(415) 546-6756

www.homelessprenatal.org

Hours for registration: Mon, Wed 8am-1:30am, Thurs 9am to 10:30am and Mon-Wed 1pm-2:30pm. Arrive early

Neighborhood: Potrero Hill

How to get there: Bus lines 9, 33 to Potrero Ave and 18th St. BART to 16th Street exit

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post birth care and linkage to services	Contraceptive services	Cost
No	Yes	No	No	Yes	None	Free

More: The Homeless Prenatal Program (HPP) is an award-winning San Francisco Family Resource Center. For more than 20 years, HPP has provided poor and homeless families the ability to end childhood poverty. Built on a foundation of supportive, nonjudgmental case management, they empower families, particularly mothers motivated by pregnancy and parenthood, to recognize their strengths and trust in their own capacity to transform their lives. Homeless Prenatal provides services to those with children 17 years of age or younger. They provide a lot of assistance to young families including prenatal and parenting classes, home and hospital visits, post-partum groups, maternity and baby clothing, crib program, doula services, yoga classes, prenatal and infant massage, as well as acupuncture. They also provide budgeting and credit report assistance, as well as housing assistance. They also have substance abuse services, mental health services, domestic violence services and a twelve month community health worker training program.

New Generation*

625 Potrero (between 18th and 19th)

415-502-8336

<http://newgen.ucsf.edu/newgen/>

Neighborhood: Outer Mission

How to get there: Bus lines #33, #48, #9, and #22. Take BART to 24th St. exit, walk down 24th to Potrero, and make a left. Walk 5 blocks.

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post birth care and linkage to services	Contraceptive services	Cost
Yes	No	No	No	No	Yes	Free

More: Call to make an appointment. New Generation Health Center is a clinic specializing in family planning and reproductive health for youth and young adults. They provide different kinds of services that give patients the knowledge and tools to protect themselves against pregnancy and sexually transmitted diseases. **They offer the “Morning After Pill.”**

- Pregnancy testing and counseling
- Plan B, also known as Emergency Contraception or —The Morning After Pill
- Birth control counseling
- Birth control—the pill, patch, ring, shot, IUD, Implanon
- Condom dispensing
- STD testing and treatment
- HIV testing and counseling
- Annual pelvic exams and pap smears for women
- Colposcopy for women with abnormal pap smears
- Testicular exams for men
- Consultation and referral on psychological, social and school problems

Planned Parenthood

1650 Valencia St.
(415) 821-1282

Wohlford Family Clinic at the Good Samaritan Family Resource Center
1294 Potrero Avenue.
(415) 401-8737
www.plannedparenthood.org

Hours Potrero Ave.: Tue and Fri 9:30am-6pm Drop in on Tue and Fri 10:30am-4pm

No drop-ins at the Valencia St. location

Hours Valencia St.: Mon, Tue, Thu 8:30-8pm and Wed, Fri, Sat 8:30-5pm

Neighborhood: Mission/Bernal Heights

How to get there: Take BART to 24th St., walk up to Valencia and turn left. Bus lines #26, 27, and 14 to Caesar Chavez.

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post Birth Care and linkage to services	Contraceptive Services	Cost
Yes	Yes	Yes	No	Yes	Yes	Sliding scale; Medi-Cal; Family Pact (Green Card)

More: They have a long-standing reputation for sexual and reproductive health care and advocacy. **Contraceptive services include: pill, patch, ring, IUD, and implanon.**

St. Luke's Women's Options Clinic

1580 Valencia St., suite 508

(415) 641-6996, ext. 2, 1

<http://www.cpmc.org/services/slh-healthcarecenter.html#Women%27s%20Center>

Hours: Mon-Fri 8:45am-5pm

Neighborhood: Mission/Bernal Heights

How to get there: Take BART to 24th St., walk up to Valencia and turn left. Bus lines #26, 27, and 14 to Caesar Chavez.

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post Birth Care and linkage to services	Contraceptive Services	Cost
Yes	Yes	Yes	No	Yes	Yes	Not free: Healthy SF; Medi-Cal; Family Pact (Green Card)

More: The Women's Center offers services that combine the expertise of its physicians and certified nurse midwives. These services include family planning, prenatal care, minimally invasive gynecologic surgery, up to 12 week abortions, second opinions regarding gynecologic surgery and menopausal care. **Contraceptive services include: IUD, pills, and the patch.**

Women's Community Clinic *

1833 Fillmore (between Bush & Sutter), SF

(415) 379-7800 ext. 0

www.womenscommunityclinic.org

Hours: Mon 5-9pm
Tue 9am-9pm
Wed & Thu 1-9pm
Fri 9am-5pm
Sat 9am-1pm

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post Birth Care and linkage to services	Contraceptive Services	Cost
Yes	No	No	No	No	Yes	Sliding scale

More: The Women's Community Clinic has a good reputation as being a warm and welcoming environment for local women to access affordable health care and outreach services.

Women's Options Center at San Francisco General Hospital (SFGH)

1001 Potrero Ave, Ward 6G

(415) 206-8476

Hours: Mon-Fri 7:30am-4:30pm

Neighborhood: Outer Mission

How to get there: Take BART to 24th St., walk east to Potrero. Take bus # 9 to Potrero and 24th.

Pregnancy Testing	Pre-Natal Care Services	Abortion up to 3 months	Abortion up to 6 months	Post Birth Care and linkage to services	Contraceptive Services	Cost
Yes	No	Yes	Yes	No	Yes	Not free: Medi-Cal

More: Wide range of services for women including obstetrical and gynecological care, family planning services, pregnancy tests, screening for sexually transmitted diseases, hi-risk pregnancy care, teen prenatal care and infertility services. **Contraceptive services include: Patch, ring, pills, and IUD.** Spanish, Cantonese, Tagalog. Accept Medi-Cal and many insurance plans. On-site financial counseling. Provides abortions from 7 to 23 weeks in a hospital setting. Abortion procedures are done under local anesthesia with sedation available. Accepts high-risk patients. On-site counseling provided by experienced staff. Spanish speaking staff; translators available for other languages. Accept Medi-Cal and many insurance plans. Cost range: \$392-\$799, depending on gestation. Provide assistance in applying for social services.

Dental services

*****For urgent dental needs, SFGH (San Francisco General Hospital) ER is the best option. They will schedule a same week visit with an oral surgeon if needed.*****

San Francisco General Hospital Emergency Room

1001 Potrero Avenue, Suite 1E21

There's an ER sign on Potrero pointing you in the right direction!

Emergency Room phone number (415) 206-8111

Hospital operator (415) 206-8000

1. Potrero Hill Health Center
1050 Wisconsin Street
415.648.7609
All Ages: Children, Pregnant Women – and Adults, as schedule allows
2. Southeast Health Center
2401 Keith Street
415.671.7066
All Ages: Children, Pregnant Women – and Adults, as schedule allows
3. Silver Avenue Health Center
1525 Silver Avenue
415.657.1730
Children, Pregnant Women
4. Chinatown Public Health Center
1490 Mason Street
415.364.7636
Children, Pregnant Women
5. Tom Waddell Health Center
50 Ivy Street
415.355.7500
Dental Services for Homeless Adults
6. Youth Guidance Center (YGC)
375 Woodside Ave.
415.753.7800
Dental Services for Incarcerated Youth

*****See also the DENTAL RESOURCE sheet produced by Healthy San Francisco for more information*****

Drop-ins (non-medical)

Call first to check out times!!!!

1. Larkin St. Youth Services
415-749-2968 or 1-800-447-8223
Many addresses.
www.larkinstreetyouth.org
2. MNRC- Mission Neighborhood Resource Center
165 Capp St.
415-869-7977
www.mnhc.org
3. Hospitality House
290 Turk St. and 146 Leavenworth St.
415-749-2110
www.hospitalityhouse.org
4. LGBTQI Center
1800 Market St.
415-865-5555
www.sfcenter.org
5. Lavender Youth Resource (LYRIC)
127 Collingwood St.
415-703-6150
www.lyric.org
6. 3rd St. Youth Center
5190 3rd St.
415-822-1707
www.3rdstyouth.org
7. Youth Bay Positives
701 Oak St.
415-487-1616
www.baypostivies.org
8. Haight Street Referral Center
1317 Haight Street (between Central and Masonic)
415.522.1377
www.larkinstreetyouth.org

Podiatry

Call first!! *Most clinics that serve homeless folks also do podiatry, so ask.
However, St. Anthony has a doctor that's been doing it for 30+ years.*****

St Anthony Clinic – Dr. Rizzo
150 Golden Gate Avenue, San Francisco
(415) 241-8320

Pet Care

VET SOS

1550 Bryant Street Suite 450

415-355-2248

Email: vetsos@sfccc.org

www.vetsos.org

The van carries veterinary vaccinations, medications, medical charts, animal food, leashes, collars, halters, and other necessary supplies that are dispensed on site by a volunteer staff that includes one or more veterinarian/s, one or more vet tech/s, and an animal assistant. When possible, an animal behaviorist joins this team.

Eligibility for VET SOS

To be eligible for VET SOS services, you must be homeless and provide documentation after the first visit on a form we will provide you at that visit.

The majority of our clients reside on the streets, in parks, emergency shelters, and temporary SRO hotel rooms. If you are low income but housed, you are not eligible for VET SOS services.

If we have seen at least one of your animals in the last two years and you have already brought or will bring to VET SOS a completed VET SOS homeless verification letter, you are a current VET SOS client.

Between Clinics

Please note that we cannot accommodate VET SOS clients at our office between scheduled clinics. Please visit our next VET SOS clinic for pet food, prescription refills, supplies or other needs.

If you need veterinary assistance between VET SOS clinics, please contact the SF SPCA at 415-554-3000, Pets Unlimited at 415-563-6700, or go to the nearest veterinary hospital. Through a partnership with Pets Unlimited, a 24-hour veterinary hospital in San Francisco, current VET SOS clients in good standing are eligible to receive limited emergency care for their pets between VET SOS clinic dates, only when all of the following criteria are met:

- Your pet is a dog or cat.
- Your pet is spayed or neutered.
- Your pet has attended a VET SOS clinic within the last 12 months.
- You have a current eligibility letter, signed by a local homeless service provider within the last 12 months, on file with VET SOS.

Pet SOS - 2015 Schedule

Call the VET SOS office at 415-355-2248 for clinic locations or to make an appointment!

February - SOMA

Friday, February 20, 2015

St. Anthony's Clothing Center - 8th & Mission St.

Please line up on the Mission St. side.

Services begin at 10:00am

March - PHC

Wednesday, March 11, 2015

Bill Graham Auditorium - 99 Grove Street - Civic Center

Please get a VET SOS wrist band from a PHC ambassador or volunteer.

Services begin at 10:00am

April - Bayview

Friday, April 17, 2015

Warm Water Cove Park - 24th and Illinois St.

Accessible by Muni T-Line (exit at 23rd Street)

Services begin at 10:00am

SF SPCA

201 Alabama Street
415-554-3000
www.sfspca.org

Their services are not free, however you can check them out. I have heard that if you go there with no money they may have mercy on you, but they may not. They'll probably refer you to VetSOS.

Animal Care and Control

1200 15th Street (at Harrison)
415-554-6364
<http://www.sfgov2.org/index.aspx?page=942>

They have free dog and cat food for homeless folks. When you walk in the door, there are bins to the right and you can help yourself. Sometimes there is free cat litter too.

Open seven days a week from 11:00 AM to 6:00 PM (Open 'til 7PM on Wednesdays!)

Project Homeless Connect
25 Van Ness Ave, Suite 340
San Francisco, CA 94102

415-503-2123

A one-stop shop for homeless folks to get hooked up with all kinds of services all in one place. **Get there early!!!** Hundreds of corporations, nonprofits, and government agencies provide PHC and its clients with services such as:

- Dental care
- Eyeglasses
- Family support
- Food
- HIV testing
- Housing
- Hygiene products
- Medical care
- Mental health services
- Substance abuse treatment
- SSI benefits
- Legal advice
- California identification cards
- Voice mail
- Employment counseling and job placement
- Wheelchair repair
- Methadone
- Needle exchange
- Pet services

2015 PHC dates

1. PHC 58

Wednesday, March 11th 10am-3pm

Location: Bill Graham Civic Auditorium

Go to projecthomelessconnect.org and click on calendar to see future dates.

Also, you can drop in to their offices at 25 Van Ness Ave. Suite 340 every Monday between 3-4pm and they can help you apply for a free LifeLine cell phone. Income verification is required in order to qualify for the program.

Alternative Care

American College of Traditional Chinese Medicine (ACTCM)

ACTCM offers free ear acupuncture (\$5 suggested donation) and is done by students with supervisors. Check out the website for more detailed info. <http://www.actcm.edu/content.php?topmenu=7&root=7&id=855>

Their schedule is always changing from quarter to quarter because it's through the school, so please look up the link or call and get the most up to date times to make sure it's up to date.

ACTCM Community Clinic 450 Connecticut Street San Francisco, CA 94107 (415) 282-9603	
Monday	8:30 am - 9:00 pm
Tuesday	8:30 am - 9:00 pm
Wednesday	8:30 am - 9:00 pm
Thursday	8:30 am - 9:00 pm
Friday	9:00 am - 5:30 pm
Saturday	9:00 am - 5:30 pm
Sunday	Closed

ACTCM Auricular (Ear) Clinic 555 De Haro Street Classroom G (1st Floor) San Francisco, CA 94107	
Monday	1:30 pm - 4:15 pm
Tuesday	9:00am-11:45 am
Wednesday	9:00 am - 11:45 am
Thursday	9:00 am - 11:45 am
Friday	Closed
Saturday	Closed
Sunday	Closed

Haight Ashbury

1735 Mission St. (red building by freeway underpass at Duboce)

415-746-1940

http://sfhomeless.wikia.com/wiki/Haight_Ashbury_Free_Clinic

They offer ear acupuncture by appointment only. And it's FREE!

Care through Touch Institute

(415) 344-0302

www.carethroughtouch.org

Please call for appointment (massage done out of office only). They have seeded massage therapy (fully clothed neck, head, back, hands, shoulders, feet only)

Erock

(415) 218-3215

She used to work at UFO and is rad rad rad. She offers low cost full body acupuncture treatments on Fridays at her office in Noe Valley. Folks can call her directly at 415-218-3215. Email is also good: erockrock@gmail.com

Urgent Care

SFGH Urgent Care Clinic

Ward 81, San Francisco General Hospital

(Bldg. 8, Floor 1)

995 Potrero Ave. (at 21 St.)

(415) 206-8052

Hours: Mon-Fri 8am-9pm, Sat, Sun 8am-7pm

More: You don't need health insurance. You can drop-in daytime & evening.

Tom Waddell Clinic *

50 Lech Walesa (Ivy St.) (between Polk and Van Ness), San Francisco

(415) 355-7400

www.sfdph.org/dph/

Hours: Urgent Care/Drop-in: Mon-Fri 8am-6:30pm; Sat 9am-5pm

How to get there: Take any public transit line to Civic Center and walk to Lech Walesa St.

More: They can take appointments or you can drop-in. You do not need to belong to Healthy San Francisco and, if you are in Healthy SF, Tom Waddell does not need to be your home clinic.

For UFO Staff in Case of Crisis

Mobile Crisis

415-970-4000

Hours: Mon-Fri:8:30am-11pm, wknd: noon-8pm

www.namisf.org

Languages spoken: Spanish, English, Cantonese, Mandarin, and Russian.

It's free!

These are the people you call when someone is having a crisis/meltdown and they need help that you just cannot provide. They will show up pretty quickly and bring your client to the appropriate place to help them deal with the situation in the immediate moment as well as on a more long term level if that's what the client wants.

More: Mobile Crisis provides emergency crisis intervention services conducted in the field, before a situation escalates to a critical crisis point, and consultation services provided to consumers, support systems, mental health providers and shelter providers. It also has assistance with linkage to outpatient mental health services. It has involuntary treatment evaluation capacity and determination of appropriate level of care. Psychiatry is available for short-term medication services. **This service is available to all adult residents of SF that are 18 - 59 years of age, regardless of insurance.**

Crisis Services:

- Immediate treatment or triage for voluntary individuals suffering from emotional crisis or symptoms of acute psychiatric illness, including symptoms induced by substance abuse and HIV infection.
- Brief crisis treatment and on-going outpatient care and medication for clients who can remain in the community with medication support.
- 5150 (involuntary hold and/or treatment under state law) as needed to inpatient hospital care. Provides follow-up care and treatment in community.

Westside Crisis

355-0311 x5

Hours: Mon-Fri 8:00am-6pm, Sat+Sun 9am-5pm

Address: 245 11 St. between Howard and Folsom

These folks basically provide crisis intervention by doing an assessment, providing emergency psych meds if necessary, doing follow-up counseling for 2-3 weeks if needed, and then hooking clients up with longer term care. They operate on a drop-in basis so the earlier you show up, the better chance of getting seen. **DO NOT SEND A PARTICIPANT HERE IF THEY ARE SUICIDAL.** The Mobile Crisis team is better suited to handle that. No insurance necessary.

Dore Urgent Care Center (DUCC)

415-553-3100

Hours: 24/7

Address: 52 Dore Street, between Folsom & Howard, and between 9th and 10th.

DUCC is a social model rehabilitation approach to crisis intervention. The program is designed to assist SFGH Psychiatric Emergency (PES) and other hospital emergency services by accepting adult clients in psychiatric crisis who must be able and willing to agree to no harm to themselves or anyone else. Must be non-violent (no need for seclusion or restraint). The Dore Urgent Care Clinic is open 24/7. The clinic can accommodate up to 12 clients at a time. Call and ask for a clinician to present a client. In many cases we can help arrange transportation. DUCC takes referrals from Mobile Crisis, SFPD, community mental health clinics, case managers, outside clinics, PES triage and medical emergency rooms. Clients can meet 5150 criteria but they must be willing and able to sign in voluntarily when they arrive at the Urgent Care Center and participate in an interview and assessment. Medically stable with no acute medical conditions (toxic ingestions, cardiac symptoms, **altered mental status or intoxication so severe that the client cannot participate in the intake process**). Sometimes clients can stay there for a few nights in the Dore House, which can hold 14 clients, in order to get some time to rest and recover from the crisis.

AIDS Crisis

415-476-3902 (ASK FOR AIDS Crisis Team)

Hours: Mon-Fri: 9am-5pm, not open Tues. 1-5pm.

Address: 1930 Market Street.

This service is only available to HIV+ folks. Call first, do not send a participant there! They will do a full assessment over the phone to determine what is best for the client and take it from there. They do short term crisis case management with the intention of getting client what they need to be stable. Often they will refer the client to other AHP services for more long term care once the crisis is managed. They do mental health counseling, substance abuse counseling, and can provide 20 therapy sessions. They also have a psychiatrist on site.

Mental Health Services (Adults and Youth)

*****If you are a client at a clinic and need mental health services, often they have them on site, i.e. HYA, Lyon-Martin, etc.*****

Below are mental health services that may be useful for UFO participants not already part of a clinic:

1. Haight Ashbury Psychological Services [*all unlicensed interns*]
Call for 1 hour intake appt., scheduled ~ 1 week after 5 question phone screening
Sliding scale: \$20- \$90 per session; no insurance accepted, over 18 only. No meds prescribing, no simultaneous drug/alcohol counselling.
2166 Hayes St., ste. 308
221-4211
2. South of Market Mental Health Services
Intakes MTThF 8:30-10:30, W. 1:30-2:30, meds w/in 4-5 days of psych appt.
760 Harrison St.
836-1700
3. Westside Community Mental Health Center / Outpatient Adult and Crisis (**>18 yo**)
M-F 8am -6 pm, Sat. 9-4pm [drop-in intakes for short term therapy: MTThF 9-10:30 am ...first come; be there @ 8am]
245-11th St.. – 355-0311, ext. 1200
4. Westside Integrated Children, Youth, and Family Services (**until 22yo**)
M-F, 9-5; MediCal/HSF must be established prior
1140 Oak St. - 431-8252 (Monique Williams, x1140 intakes)
5. Huckleberry Youth Program
H-house crisis shelter/services, 1292 Page (x Lyon) – 621-2929
(**24 hr line** referral for therapy / crisis services. emergency shelter for youth ages 11-17, in situational family crisis only; **psych/therapy services for ≤ 22yo**)

Mental Health, Counseling, and Psychiatric Referrals

Emergency/Crisis

Mobile Crisis

415-970-4000

Hours: Mon-Fri: 8:30am-11pm, wknd: 12pm-8pm

After hours call PES or Dore Urgent Care

Suicide Prevention

(415) 781-0500

Psychiatric Emergency Services (PES)

(415) 206-8125 (24hrs)

Comprehensive Child Crisis

(415) 970-3800 (24hrs)

Westside Community Crisis

(415) 355-0311

(415) 353-5050

Other Non-Emergency Mental Health, Psych, & Counseling

Community Behavioral Health Services

24-access helpline: (415) 255-3737 or (888) 246-3333 toll-free

24-access helpline is prepared to communicate in any language.

Referrals to services call Mon-Fri 8am-5pm

Fees on sliding scale, no fee on Medi-Cal.

Healthy San Francisco, local insurance access

Local: 415-615-4555

More: As a member of Health San Francisco you are eligible for confidential mental health care services, such as counseling for anxiety or help with other emotional problems. You can either contact your Medical Home provider directly, or call the above numbers.

The Alternatives Program

2712 Mission St., San Francisco
(415) 401-2607

Hours: Mon-Fri: 9am-5pm
No drop-in

Drop-in OK?	Need referral?
No	Yes

More: For African American men only. Any service provider can give referral. Intensive case management, groups, therapy, and psych services and medication.

Alliance Health Project (AHP)

AHP Service Center: 1930 Market St.
415-476-3902
www.ucsf-ahp.org/

Hours: intakes Mon, Wed, Fri 9am-11am , phone screen/counseling M-F 9-5

Drop-in OK?	Need referral?
Yes	No

More: Must be HIV+, SF res.. Call to make appointment for clinical assessment and intake. Individual brief therapy and group support. Case-mgmt. for AA-MSM w/ substance-issues

Chinatown North Beach Mental Health Services

729 Filbert St., San Francisco
(415) 352-2000

Hours: Mon-Fri: 8:30-5pm
Drop-in: Mon-Fri: 9am-11am, Mon, Wed 1pm-3pm No priv. insurance

Drop-in OK?	Need referral?
Yes	No

Dore Urgent Care Clinic and Residence

52 Dore St.
(415) 553-3100 (24hr)

Drop-in OK?	Need referral?
Yes	No

If dropping in, early is best (10am to 12Noon slot sometimes open as they refer other on). Mostly receives referrals from case managers and PES, but can take some self-referrals. If reaches capacity will turn drop-ins away. If spots open, will house briefly for psych stabilization & referral.

Mission Mental Health

2712 Mission St., San Francisco
(415) 401-2700

Hours: Drop-in new intakes: Mon-Fri 8:30am-11am

Drop-in OK?	Need referral?
Yes	No

OMI Family Center

1701 Ocean Ave., San Francisco
(415) 452-2200

Drop-in intake hours: MTThFr: 8:30-9:30am paperwork; orientation@10am
Wed. only 12-1:30 paperwork; orientation@ 2pm

Drop-in OK?	Need referral?
Yes	No

Call for appointments. Counseling, therapy, groups, psych medications.

PREP (Prevention & Recovery in Early Psychosis)

(415) 476-7278
<http://partprogram.ucsf.edu/>

Hours: Mon-Fri 9am-5pm

Drop-in OK?	Need referral?
If a client	No

If someone is exhibiting what may seem to be early stages of psychosis or has psychotic events in the past 5 years, they may be eligible for this UCSF outpatient program. A counselor can perform the quick 2 page questionnaire and then help make the referral or a person can self-referral. For counselors considering a referral, see the instructions associated with the questionnaire. Instructions and questionnaire are on file. Services include Cognitive Behavioral Therapy (CBT), med management, vocational and educational assistance, and help coordinate care with family and friends.

SFFIRST

760 Harrison St., San Francisco
(415) 836-1700, ask for SFFIRST OD

Hours: Mon-Fri: 7:30am-6pm

No drop-in; HOT team is usual connection, SFDPH Clinics

Drop-in OK?	Need referral?
No	Yes

Service provider can make a referral. This service is for people in need of intensive case management due to diagnosed mental disability, for example, if people cannot make appointments for services on a regular basis due to their disability and are high users of crisis or emergency services.

South of Market (MH)

760 Harrison St., San Francisco
(415) 836-1700

Hours: Drop-in: Mon, Tue, Thu, Fri: 8:30am-10:30am; Wed: 1pm-2:30pm

Drop-in OK?	Need referral?
Yes	No

Stonewall Project

1035 Market St., Suite 400
(415) 487-3100

Hours: Mon-Thu 11:30am-8pm. Fri 9am-5pm

Drop-in begins at 4pm Mon-Fri, walk-in counseling & intake, if desired.

Drop-in OK?	Need referral?
Yes	No (but must be working on substance issues for ongoing care) care)

Individual or group drop-in or appointment 30-50 minute counseling sessions.

Team II Mental Health Castro-Mission

3850 17th St., San Francisco
(415) 934-7760 MH-RN message, 934-7700 gen. #

Mon-Fri: 8am-12pm, 1pm-5pm

Nurse or doctor can call to make a referral.

Drop-in OK?	Need referral?
No	Yes

Shelters

NOTE: Shelters for victims of abuse and domestic violence are listed under that section.

Access Info: 311

www.freeprintshop.org

Both sexes 18+ (without kids)

All clients must first go to a resource center. At the resource center you are then referred to an available shelter bed, which is not always at that resource center shelter. Clients referred by a resource center can stay up to 90 days. You might want to consult the latest freeprintshop chart.

Resource Centers:

Multi-Service Center South (MSC South), St. Vincent de Paul

525 5th St. (at Bryant), San Francisco

(415) 597-7960, press 0 (24 hours)

Referral to shelter bed: 7 days/week, 5am -10 to enter lottery, results at 7am

Check-in at 5pm, **bed assigned** at 6pm

Apply for one night bed 5pm-9pm

Sleeping hours: 10pm-6am, must leave by 8am

Drop-in center: 7 days/week, 9am-2:30pm

Showers: 7days/week, 9am-2pm, 4pm-9pm

Dinner: 4:30pm

Medical Clinic: Tue, Thu: 2pm-9pm, Fri 8am-noon

Podiatry: 1st and 3rd Wed: 6:30pm-8:30pm

Dental: Mon 1:30-4pm; 6pm-8pm

Legal clinic: Tue 5pm-7pm

Can request ride to shelter if elderly or disabled. Services include case management, crisis management, medical care, mental health and substance abuse treatment, emergency clothing and washers and dryers.

Mission Neighborhood Resource Center *

Mission Neighborhood Resource Center (MNRS), Homeless Care Comprehensive Service Center

165 Capp St., San Francisco, CA
(415) 869-7977

Bus Routes: 14 Mission, 22 Fillmore , 33 Stanyan, 49 Mission/Van Ness

Referral to shelter bed: Mon-Sat 7am

Services Mon-Fri: 7am-7pm

Medical services and homeless drop-in services at MNRC (laundry, showers, lockers, case management, etc.). **Ladies night Collaborative**, Thu 6pm-8pm. Spanish and English.

Glide Walk-in Center

330 Ellis St. (at Taylor), Suite 101
(415) 674-6012

Referral to shelter bed: 7days/week: 7am

Services: 7 days/week: 7am-11am, 4pm-9pm
English and Spanish.

Bayview Hunters Point Resource Center

2111 Jennings (at Van Dyke)
(415) 671-1100

Referral to shelter bed: 7days/week: 7am

Services: 7 days/week: 7am-9am, 7pm-10pm
English and Spanish.

Women 18+ (without kids)

A Women's Place

1049 Howard (btwn. 6th and 7th St., enter on Russ St.)
(415)487-2140 (24hrs.)

Drop-in: 8am; 1 night bed: 5pm

Call for interview. 5 beds for women in crisis, stay up to 7 days. 16 shelter beds, stay varies. 16 beds in supportive housing, stay up to 18 mo. 8-bed substance abuse program for any woman, stay 1-4 months.

Youth

Diamond Youth Shelter

536 Central (at Haight)
(415) 567-1020 (24 hrs.)

Youth 12-17, open 24 hours

Dinner, breakfast, showers, counseling, referrals. Guardians contacted within 72 hours.

Drop-in 1142 Sutter (btwn. Larkin and Polk)

(415) 673-0911 ext. 5; 800-669-6196

Mon-Fri 8am-6pm, Sat-Sun 8am-4pm for youth 12-19 y/o

Thur 2pm-6pm for youth 12-24

Showers, lockers, food, clothing, case management, education, and counseling. English and Spanish.

Huckleberry House

1292 Page (at Lyon)

hotline: (415) 621-2929 (24 hrs.)

Call to talk or for shelter referral or show up to be assessed for housing. If accepted they'll contact your guardians within 24hrs. Youth 11-17 y/o not on probation. Meals, access to medical services, case management, and therapy. English and Spanish.

Lark Inn

869 Ellis (at Van Ness)

(415) 749-2968 or 800-447-8223 (24 hrs.)

Youth 18-24. Come in or call anytime to get on waiting list. Maximum stay 4 months.

Case management required. Curfew 9:45pm, leave by 8:30. Meals.

Emergency shelter show up at 9:45pm for lottery. English and Spanish.

Families and Pregnant Women

Connecting Point

Hotline: 855-234-2667

Mon-Fri 9am-5pm

Not a shelter: offers placement in shelters for 1 and 2 parent families, expectant couples, pregnant women and sometimes household members. Same-sex couples accepted. WAIT 5-7 mo. FOR SHELTER PLACEMENT. Call for intake. Leave a message with name, phone number, or keep calling until you get through.

Call 1-4pm for possible eviction or move-in cost financial help. English, Cantonese, French, Spanish.

Hamilton Family Emergency Center

260 Golden Gate (btwn Leavenworth and Hyde)

Emergency number: (415)292 5228

Non-emergency number: (415) 292-9930

Call 11am-12pm; or 5pm for 1 night

Call 11am to ask about 60-days bed

Shelter for 1 and 2 parent families, expectant couples, and pregnant women in 3rd trimester (5mo.). Same-sex couples accepted. Case management available.

Missionaries of Charity

55 Sadowa (btwn. San Jose and Plymouth)

(415) 586-3449

Mon-Fri: 9-11:30am, 3:30-5:30pm, closed on Thu

Call to make an appointment for an interview. Pregnant women (3mo.) stay up to one month after childbirth; childless women and women with one girl child (or one boy child up to 3 y/o) may stay up to 3 weeks. Clean and sober, proof neg TB and HIV. Call for appointment for personal interview. 2 meals daily. Leave by 10am, curfew 5pm. No new guests Thur.

First Friendship Family Shelter

501 Steiner St. (near Oak).

642-0234 (M-F 9-5). 1- or 2-parent families, with kids under 18; pregnant women in 7th month (or 5th month with documented high risk). Same-sex couples OK. Come daily 3-8pm. ID required. Dinner 7pm, breakfast 6:30am

Intimate Partner Violence

Crisis Hotlines

WOMAN Inc: (415) 864-4722, (877) DVHELPU
(24hrs: Services in English and Spanish)

Riley Center: (415) 255-0165
(24 hrs.)

CUAV: (415) 333-HELP (4357)
(Specialized services for gay, lesbian, trans victims)

Asian Women's Shelter: (415) 751-0880
(24 hrs.; Specialized services for non-English speaking Asian women and children)

La Casa de las Madres: Adults: 877-503-1850; Teens: 877-923-0700 (24hrs.; Services in English and Spanish)

WOMAN, Inc.
333 Valencia St., San Francisco
crisis line: (415) 864-4722, (877) DVHELPU
(415) 864-4777
www.womaninc.org

24-hour bi-lingual crisis line with shelter availability info., group and individual counseling, lesbian domestic violence program, Latina domestic violence program, support groups, therapy, and outreach and education.

APA Family Support Services
10 Nottingham Pl., San Francisco
(415) 617-0061
<http://www.apafss.org/>

Mon-Fri 8:30am-5pm

Drop-ins or call for appointment. Home visitation to at-risk Asian families with children 0-17 y/o and parenting education and victim support services.

Asian Pacific Islander Legal Outreach

1121 Mission St., San Francisco

(415) 567-6255

www.apilegaloutreach.org

Call first to make an appointment. Legal assistance: domestic violence protective orders, divorces and immigration services, youth outreach and prevention education. Services targeted toward Asian and Pacific Islander communities in a wide range of languages.

Bay Area Legal Aid

1035 Market St. 6th Floor

(415) 982-1300 (415) 354-6360 or (800) 551-5554

www.baylegal.org

Hours: Mon-Fri 9am-5pm

Free civil legal assistance to low-income SF residents, services for same-gender domestic violence, homeless prevention, health care access, and outreach/education to youth and others.

Community United Against Violence (CUAV)

427 S. Van Ness (btwn 15th & 16th), San Francisco

crisis line: (415) 333-HELP (4357)

business line: (415) 777-5500

www.cuav.org

Safety Clinic Fri 11am-5pm

Wellness Wednesday Drop-in, Wed 4-8pm

Counseling and advocacy services for gay, lesbian, trans victims.

Cooperative Restraining Order Clinic

3548 18th St., #5, San Francisco

(415) 255-0105

Appointments only. Assists in obtaining and enforcing restraining orders.

Donaldina Cameron House

920 Sacramento St., San Francisco
(415) 781-0401
www.cameronhouse.org

Counseling and advocacy for Chinese and Vietnamese women and families. Also, immigration and translation services, youth programs, and food pantry.

Jewish Family and Children's Services

2150 Post St. (btwn Scott & Pierce), San Francisco
(415) 449-1200
www.jfcs.org

Transitional housing with supportive services, case management, counseling, and children's services.

Parents' Place

1710 Scott St., San Francisco
(415) 359-2454
www.parentspplaceonline.org

Hours: Mon-Thu 8:30am-6:30pm; Fri 8:30am-5pm

Parenting counseling, special needs support, child trauma and mental health services.

POCOVI

474 Valencia, #235, San Francisco
(415) 552-1361

Thu 6:30pm-9pm *Show up at 6:30*

Call for appointment or show up Thu 6:30pm. Intervention program and community advocacy. Services focused for Latino community.

Shalom Bayit

Oakland
Helpline: 866-742-5667 (SHALOM-7) (not 24hrs)
(650) 574-7233 (SAFE)
www.shalom-bayit.org

In-person and phone counseling, support groups, court advocacy, referrals for women experiencing domestic violence.

Victim Services Division of the DA's Office

850 Bryant, 3rd Floor, San Francisco

(415) 553-9044

www.sfdistrictattorney.org

Intakes: Mon-Fri 9am-11:30am, 1-3:30pm

Advocacy for victims in the criminal justice system.

Volunteer Legal Services Program/BASF

301 Battery St., 3rd Floor, San Francisco

Intake: (415) 989-1616

Legal assistance services and monthly One Stop Women's Clinic for advice and referrals.

Intimate Partner Violence Services w/ Shelters

NOTE: Non-IPV related shelters, including those for women and those for families and children are listed above in the general shelters list.

Asian Women's Shelter

3543 18th St., #19, San Francisco

crisis line: (415) 751-0880 (24hrs)

(415) 751-7110

Counseling, advocacy, emergency shelter and support services for battered women and children. Specialized services for non-English speaking Asian women and children.

La Casa de las Madres

Crisis Support Hotline: Adults: 877-503-1850; Teens: 877-923-0700 (24 hrs)

Appointments: (415) 503-0500

www.lacasa.org

1663 Mission St., Suite 225, San Francisco, CA (btwn. S. Van Ness and Duboce/Division)

Drop-in Center Mon-Fri: 9am-5pm.

Crisis response and intervention, counseling, support groups, Emergency Shelter Program, housing assistance, assistance with restraining order and safe visitation advocacy, and advocacy/information for legal, medical, housing, therapy, and childcare. Services are available in English and Spanish.

Safe House

Mailing address: P.O. Box 40369 San Francisco, CA 94140

(415) 643-7861

Call to set up interview for a bed.

A Safe Place

Oakland

Hotline and Shelter no.: (510) 536-7233 (24 hour)

Support services: (510) 986-8600

Riley Center/Rosalie Center Services of St. Vincent de Paul

1175 Howard St. San Francisco 94103

crisis line: (415) 255-0165 (24 hours)

Counseling, advocacy, 12 week emergency shelter, transitional housing, and support services for women and children.

Help with Substance Abuse

Alcoholics Anonymous (AA)

Local: 415-674-1821

Schedule of meetings and locations: www.aasf.org

Services	Yes	No	Other
Youth friendly	X		Meetings tend to have their own specific personality and can vary in focus, such as youth, identity, etc. You can generally find a meeting that suits your taste.
Trans services		X	Some meetings are trans specific, though.
Queer friendly	X		Again, some meetings are identity specific.
Language spoken			Limited number of Spanish speaking meetings.
Free?	X		
Drop-in services	X		

More: There are meetings everyday at all hours of the day. Check the schedule to find a meeting that will work best for you. Some meetings label themselves as covering specific issues (gay, lesbian, HIV, young people, childcare, etc.), but they advertise that “any addict is welcome at any meeting, regardless of how it is listed.” Also, they say that the only requirement for membership is a DESIRE to quit drinking.

Crystal Meth Anonymous Meetings (CMA)

415 692-4762

Services	Yes	No	Other
Youth friendly	X		No specific meeting for youth, however you may find that one of the groups is more youth friendly than another.
Trans services		X	No specific meeting for trans, however you may find that one of the groups is more trans friendly than another.
Queer friendly	X		Some meetings may be a better fit.
Language spoken			Limited number of Spanish speaking meetings.
Free?	X		
Drop-in services	X		

www.crystalmeth.org

More: There are meetings everyday at all hours of the day. Check the schedule to find a meeting that will work best for you. Some meetings label themselves as covering specific issues, but they advertise that “any addict is welcome at any meeting, regardless of how it is listed.” They also say that the only requirement for membership is a DESIRE to quit using.

Narcotics Anonymous (NA)

Local: 415-621-8600

Area service office: 78 Gough St. (at Rose St., 1/2 block from Market)

Schedule of meetings and locations:

www.sfna.org

Services	Yes	No	Other
Youth friendly	X		Meetings tend to have their own specific personality and can vary in focus, such as youth, identity, etc. You can generally find a meeting that suits your taste.
Trans services		X	Some meetings are trans specific, though.
Queer friendly	X		Again, some meetings are identity specific.
Language spoken			Limited number of Spanish speaking meetings.
Free?	X		
Drop-in services	X		

More: There are meetings everyday at all hours of the day. Check the schedule to find a meeting that will work best for you. Some meetings label themselves as covering specific issues (LGBT, HIV, young people, newcomers, atheist/agnostic, etc.), but they advertise that “any addict is welcome at any meeting, regardless of how it is listed.” They also say that the only requirement for membership is a DESIRE to quit using.

Stonewall Project

San Francisco AIDS Foundation
1035 Market St., Suite 400
San Francisco, CA
(415) 487-3100
www.stonewallsf.org

More: Harm reduction individual and group counseling to gay men, transmen who have sex with men, and other men who have sex with men who want help with drug and alcohol problems. People at all stages of readiness to seek help are welcome. The aim is reduce harm caused to individuals, loved ones, and communities. Treatment goals range all the way from abstinence to simply safer use. Walk-ins 4pm Mon-Fri and appointments available.

TAP – Treatment Access Program

1380 Howard St., 1st Floor
(415) 503-4730 or 1-800-750-2727
www.dph.sf.ca.us

Neighborhood: SOMA

How to get there: Take the 9, 19, or SM to Howard St. stop.

More: This is where people can access detox, bupe, methadone, or residential treatment and psych care places all over the city. TAP does an intake and refers the person to the right program for them. The bupe and methadone programs are right upstairs and most of the time the client will be sent right up there for an intake if that's what they want. They accept drop-ins or referrals. They will also help find someone a good, IDU friendly clinic to register with Healthy San Francisco. IBIS/COPE, the methadone and bupe programs, love the UFO Study and our kids. You need to go through TAP in order to get into any kind of detox and/or rehab in SF. They are really supportive and familiar with the community and interested in getting people the care they need. Although you can self-refer, if you have special or complex needs, talk to a UFO or VIP nurse to get a special referral.

TREX

(415) 554-9013
Sf.bump@sfdph.org

More: A San Francisco DPH study of Naltrexone in reduction of meth use. Enrollment starts February, but you can call now to get your name on the list. \$10-35 offered for compensation.

Ways to Get Involved & Stuff to Do

Drug Users Union

www.sfdrugusersunion.com/

149 Turk St.

(415) 821-0420

Hours: Mon, Tue, Fri 12pm-5pm and Sun 12pm-6pm

If you want to get involved in advocacy for the rights of drug users, this is an awesome group of local people doing good work. They have regular meetings that you can attend to get your voice heard and find like-minded folks for social justice.

Fruity Wednesdays

Larkin Street Drop-In

134 Golden Gate Ave. San Francisco

6pm—8pm

Fruity Wednesdays is a queer youth space exclusively for youth 12-24 y/o. You can get a meal, take a shower, and receive counseling, if you want. The 1st Wednesday of the month is an Open Mic; 2nd & 3rd Wednesdays are about creativity and art; and the last Wednesday the space offers workshops. They have a Facebook page if you want to find out more.